

# MENTAL HEALTH INDEX: FORTALEZA (CE) EXPERIENCE





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# MENTAL HEALTH INDEX: FORTALEZA (CE) EXPERIENCE

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## Summary

This document seeks to describe the experience of building the Mental Health Index (MSI) of the city of Fortaleza and tools aimed at public management to act in the development of intersectoral policies on mental health with a focus on children and adolescents. The first phase of the project was dedicated to the construction of an Indicator Matrix, which brings together indicators related to the mental health theme and which reflect the intersectoriality that the issue requires, as well as the social determinants involved. Based on the indicator matrix, the MSI was constructed with the aim of highlighting areas that are more or less favorable for promoting good mental health of the population. Alongside these two products, an online platform was developed that allows for the visualization of the Mental Health Map [Mapa de Saúde Mental] of Fortaleza through georeferencing. In addition to providing an interactive display of the data, the platform also offers content for consultation, such as a repository of best practices, information on the availability of mental health services in the city, and detailed sheets of the indicators used for creating the index. We believe that the know-how acquired in the process of building up and communicating the index to the municipal government of Fortaleza may provide valuable inputs for enhancing mental health public policies throughout Brazil.

**Keywords:** Mental Health; Children and Youth Health; Epidemiology; Monitoring; Prioritization.

## **1. Foreword**

The main goal of this publication is to describe the experience of building the Mental Health Index and tools to support public management in the development of intersectoral policies on mental health with a focus on children and adolescents. By detailing the project carried out in the city of Fortaleza (CE), we believe that the presentation of lessons learned from the process constructing and communicating the index in partnership with the municipal government may provide subsidies for the improvement of public mental health policies guided by data and evidence-based throughout Brazil.

The process described throughout this publication also makes a significant contribution to the literature on the use of data in state planning (Esty & Rushing, 2007), the co-creation of solutions for public administration (Torfing, Sørensen, & Røiseland, 2019), and the strengthening of dynamic capabilities to address the public challenges of the 21st century (Mazzucato, Kattel, Quaggiotto, & Begovic, 2021).

In addition to this introduction, the publication is structured into sections that provide detailed explanations of the conceptualization and each step involved in designing Fortaleza's mental health index and map. Finally, the discussion section aims to highlight the potential contributions of the described experience to the field of public administration in Brazil and to public health in general.

## 2. Context

Mental health conditions have emerged as a significant public health challenge, often underestimated by existing public health policies (Korkeila et al., 2003). In recent decades, there has been a notable rise in the global burden of diseases related to mental disorders. This situation has been further compounded by the onset of the COVID-19 pandemic, which began in mid-2020 and has exacerbated the issue (Werneck et al., 2021).

Data from the 2019 National Health Survey (PNS, in the Portuguese acronym) indicate a prevalence of diagnosed depression by a healthcare professional at 7.6% (95% IC: 7.2%–8.1%). Among these individuals, less than half (46.4%; 95% IC: 43.7%–49.1%) reported receiving specialized medical care in the 12 months prior to the interview, and only 16.4% (95% IC: 14.2%–18.7%) reported undergoing psychotherapy. Conversely, over half (52.0%; 95% IC: 49.1%–54.9%) reported using antidepressant medication (IBGE, 2019).

The Telephone Survey of Risk Factors for Chronic Noncommunicable Diseases in Times of Pandemic (Covitel, in the Portuguese acronym) revealed a 41% increase in the diagnosis of depression among Brazilian adults (18 years or older) between the pre-pandemic period (9.6%; 95% IC: 8.2%–11.1%) and the first quarter of 2022 (13.5%; 95% IC: 11.9%–15.3%). Within this context, the study also revealed that habits known as risk predictors for chronic noncommunicable diseases (such as alcohol consumption, tobacco and little physical activity, for example) are more prevalent among people with this diagnosis than in the general population (Hallal PC & Wehrmeister FC, 2022).

In Brazil, it is estimated that 10% to 20% of the child and adolescent population experience mental disorders, with 3% to 4% requiring intensive treatment (Couto, Duarte, & Delgado, 2008; Tanaka & Ribeiro, 2009). These statistics are particularly concerning as children and adolescents with mental disorders may face significant impairments in their "functional performance" – an individual's ability to carry out daily activities satisfactorily and appropriately for each stage of development –, which can have long-lasting effects into adulthood (Couto et al., 2008).

There is a wide and diverse range of mental health conditions that affect children and adolescents. They encompass pervasive developmental disorders (like autism), as well as conditions associated with externalizing behaviors (such as conduct disorders and hyperactivity), internalizing disorders (like depression and 7 anxiety disorders), substance abuse, among others (Couto et al., 2008; Fegert, Vitiello, Plener, & Clemens, 2020).

Mental health is an integral part of overall health and is intricately connected to the equilibrium between the individual and the environment. It is influenced by individual biological and psychological factors, social interactions, social structures and resources, and cultural values (Hayes & Poland, 2018; Korkeila et al., 2003; Substance Abuse and Mental Health Services Administration, 2019).

This whole context highlights the great magnitude of the impact of mental health on people's lives and on society. However, currently, there is a deficit of official policies, programs and actions aimed at mental health, especially for children and adolescents (Cavalcanti, 2019). This oversight has consequences for society as a whole, and the topic demands timely and urgent interventions, starting with raising awareness among public managers and the population, so that these actors can propose, conduct and endorse public policies to address this important challenge.

It is crucial to prioritize public policies capable of supporting and enhancing existing mental health systems and services, including care and assistance, to ensure improved access to mental health treatments. Moreover, it is necessary to focus on health promotion and disease prevention, taking into account the multidisciplinary nature of the topic and considering the social determinants specific to each region, as well as the socioeconomic and environmental diversities and disparities.

## **3. Pilot Project**

In response to this significant challenge, a cooperation agreement was signed in December 2021 between the Fortaleza City Hall, represented by the Fortaleza Innovation Laboratory (Labifor/Citinova), and Vital Strategies Brasil, with the support of the Instituto Cactus, to undertake the project of the Mental Health Panel.

The initiative aims to promote mental health among the population of Fortaleza, with a specific focus on children and adolescents. As a management tool, the Mental Health Panel offers an online platform that utilizes georeferencing to provide policymakers with information on the mental health environment in each neighborhood of Fortaleza. With a holistic and intersectoral approach, the project aims to achieve the following goals:

- prioritize the agenda and encourage action to promote mental health;
- provide clear indicators and tools for action;
- visualize challenges based on intersectorality and social determinants in health.

## 4. Pillars of the Mental Health Panel

## 4.1. Transversality

Mental health is a multifaceted issue, as individuals are influenced by various public policies and their own experiences within different contexts. Therefore, achieving good mental health is not solely reliant on individual choices. It is essential for public policies to establish an enabling environment where healthy choices become the default for the population.

And the health situation – including mental health – of individuals has a relevant impact on several aspects:



## 4.2. Intersectoriality

If the challenge is multifaceted, so must the response. That is why the Mental Health Panel project prioritizes a holistic view and integrated action, bringing together several departments of the Fortaleza City Hall, including Education, Health, Public Security, and Social Assistance.

In order to reflect this intersectoral view required by the theme, the project focused on creating a Mental Health Index. According to the Handbook on Constructing Composite Indicators: Methodology and User Guide (OECD, 2008):

"A composite indicator is formed when individual indicators are compiled into a single index on the basis of an underlying model. The composite indicator should ideally measure multidimensional concepts which cannot be captured by a single indicator, e.g. competitiveness, industrialisation, sustainability, single market integration, knowledge-based society, etc."

### 4.3. Health Promotion Perspective

The Mental Health Index was constructed based on disease prevention and health promotion. It does not focus solely on assistance, that is, a focus on the situation only when the illness has already started.

## 4.4. Innovation

The Mental Health Panel is an innovative, disruptive, and pioneering initiative. It is built collaboratively and purposefully in partnership with various involved secretariats, aiming to find the best solutions that align the methodology with the local reality of the city. This approach ensures the dynamic nature of the index, allowing for periodic improvements with the inclusion of new indicators that align with the methodology employed. Moreover, the project is customizable and scalable, and can be replicated by other municipalities, states, and nationwide.

## 5. The "Mental Health Panel of Fortaleza" Project

The project "Mental Health Panel of Fortaleza" (Painel da Saúde Mental de Fortaleza) involves the construction of a Mental Health Index (MHI), which constitutes a synthesis of indicators related to the theme of mental health, with an emphasis on children and adolescents and with a focus on the population residing in the city of Fortaleza.

The indicators reflect the intersectionality that the theme requires, as well as incorporating the social determinants that affect this reality, with the aim of supporting decision-making in the territory, and a focus on health promotion and prevention of mental health conditions.

The index serves as a tool to strengthen epidemiological surveillance in the field of mental health and, thus, supports the formulation, implementation, and monitoring of data-driven and evidence-based public policies. According to the Joint Research Centre-European Commission, composite indicators like the MHI offer a straightforward means of comparing different territories, enabling the illustration of complex and hard-to-measure issues such as mental health (Joint Research Centre-European Commission, 2008). Furthermore, these indicators help identify vulnerabilities and optimize the allocation of public resources in this domain.

Next, the stages of elaboration of the Mental Health Index are described, also shown in Figure 1 and which were based on the methodology used to construct the Municipality Friend of First Childhood Index (IMAPI, in the Portuguese acronym).

## 6. Step 1 – Indicator Matrix

The first stage of the elaboration of the MHI consisted of the construction of an Indicator Matrix, which gathered indicators related to the theme of mental health for all age groups, with emphasis on children and adolescents residing in Fortaleza.

The process of identifying and selecting indicators followed a participatory decision-making methodology with key actors from different sectors of governmental and non-governmental institutions (Buccini et al., 2021; De Vente, Reed, Stringer, Valente, & Newig, 2016; Elwyn et al., 2017; Okoli & Pawlowski, 2004).

According to De Vente and colleagues (2016), participatory decision-making approaches foster stakeholder engagement, leading to more efficient and effective achievement of project goals. This methodology aids in conflict reduction and resolution, fostering trust and learning among stakeholders. As a result, it increases the likelihood of garnering support for project goals and implementing long-term decisions (De Vente et al., 2016).

The process involved three main fronts, as described below: 1) Conceptual model - identifying indicators to capture the mental health of the population; 2) Analytical model - determining the analytical weight for the MHI indicators; and 3) Consolidation - finalizing the selection of indicators to comprise the MHI (Figure 1).

Figure 1 - Development Stages of the Mental Health Index



#### **6.1. Conceptual Model**

For the conceptual model, the definition of mental health established by the WHO was considered: "a state of well-being in which the individual realizes his or her own abilities, can cope with the normal stresses of life, can work productively and fruitfully, and is able to make a contribution to his or her community" (World Health Organization, 2004).

Mental health, as an inseparable component of overall health, represents the equilibrium between the individual and the environment. It is influenced by individual biological and psychological factors, social interactions, social structures and resources, as well as cultural values. A wide range of risk factors can impact the onset, progression, and resolution of disorders, as well as the promotion of health and quality of life. Furthermore, a specific risk factor may be shared among various health conditions, including both somatic and mental health issues.

A mental health indicator can serve as a proxy or a direct measure of key factors related to mental health, including predisposing, precipitating, or protective factors. While commonly used mental health indicators focus on mental health services and describe their structure, processes, quality, and outcomes, the multidimensional and intersectoral nature of mental health, as captured by the concept of social determinants of health, requires the use of additional indicators to assess and address the mental well-being of a population in its entirety (Korkeila et al., 2003).

Criteria for identifying and selecting indicators for the project were established. Accordingly, the indicator needed to meet the following requirements:

- Be based on publicly available data and exhibit sufficient completeness;
- Be accessible at the neighborhood level (for those not originally disaggregated by neighborhood, an interpolation methodology was employed for estimation purposes);
- Align with one of the eight domains of mental health as described by Korkeila et al. in 2013 (as presented in Section 5.2 of this document);
- Reflect the most recent data available (we opted for utilizing data from 2019, predating the pandemic period);
- Be relevant to the project's target audience, children and adolescents.

### 6.1.2. Domains of Mental Health

The data systematization was conducted using a robust and well-documented methodology, which translates the functional model of mental health across the following domains:

Figure 2 – Domains of Mental Health



Here is a brief description of the definition and content of each of the domains (Figure 2):

- Sociodemographic factors: The crucial demographic factors that correlate with mental health are
  gender, age, marital status, and ethnicity (Korkeila et al., 2003). Studies show that sociodemographic
  factors such as occupational status and lower parental education, marginalization, female gender, and
  living conditions with caregivers are considered important risk factors for depression in adolescents,
  for example. In addition, contemporary scientific literature shows that socioeconomic status,
  associated with other risk factors, can affect the prevalence of mental disorders and psychological
  distress (Moeini, Bashirian, Soltanian, Ghaleiha, & Taheri, 2019).
- Social relationships: Healthy social relationships can act as protective factors for the onset and
  recurrence of mental illness and can affect the course of an illness episode. There is evidence that, in
  particular, perceived social support, rather than the structure or quantity of social relationships, has
  an effect on mental health, especially when the individual experiences stress (Korkeila et al., 2003).
  According to Blakemore (Blakemore, 2019), a negative family environment can amplify genetic risk
  factors for mental illness, and genetic factors can influence both the social experiences we seek
  during adolescence and the way people around us treat us. treat. Studies have shown that social
  deprivation in adolescence can have far-reaching consequences, highlighting the importance of
  peer acceptance and influence at this stage of life (Orben, Tomova, & Blakemore, 2020).
- Stressful events: Previous studies have investigated major life events deemed undesirable, unmanageable, or life-threatening as risk factors for mental illness. There is clear evidence of an association between major adverse life events and subsequent depression (Korkeila et al., 2003). Adverse childhood experiences, such as abuse, neglect, or being bullied at school, are associated with later mental health problems. According to Negriff (2020), maltreatment events in childhood can lead to more marked mental health problems than dysfunctional family environments (Negriff, 2020). Other stressors that increase the risk of mental illness (in particular psychosis) include drug use during adolescence and being an immigrant in a culture with different sociocultural values (Blakemore, 2019).
- Positive mental health and individual subjective experience: Positive mental health is not just the absence of negative symptoms such as depression or anxiety. The psychological well-being model includes aspects of self and event control, happiness, social involvement, self-esteem, mental balance and sociability. Self-perceived health, as a reliable and valid method to assess general health, has a strong correlation with external assessments of mental health. Poor self-perceived health especially predicts the future course of depression. In addition, self-assessed poor emotional health may be an important predictor of the onset of depression. Another important area for a system of mental health indicators would be the dimension of quality of life (Korkeila et al., 2003). In this sense, growing up in urban areas, as opposed to rural areas, represents an important risk factor for the development of problems related to mental health (Blakemore, 2019). In Brazil, the characterization of urban and rural spaces takes into account the demographic density, the location in relation to the main urban centers and the size of the population (IBGE, 2017).
- Access, use and demand for health services: The descriptive analysis and interpretation of service
  use data, combined with sociodemographic and epidemiological data, can be useful for planning
  mental health interventions and strategies. In addition to information on service usage, drug sales
  and disability data for mental disorders are available in most countries. Data on the use of health
  services have serious limitations, but may provide future possibilities for formulating what should be
  the conditions and structures available for mental health care, based on the construction of process
  indicators. This domain concerns the indicators related to the general health and mental health of
  the population and the structures and services available for this care, in view of the interlocution
  that is established between both (Korkeila et al., 2003).

- Mental health morbidity: The mental disorders to be chosen for follow-up from the point of view of mental health morbidity should be selected based on their importance in terms of public health and their ease of measurement. Depression, anxiety disorders, alcohol abuse and dependence, suicide attempts and non-specific psychological disorders are examples of disorders and behaviors that must provide relevant information from a public health point of view for mental health promotion strategies (Korkeila et al., 2003). Indicators related to morbidity are traditionally used to assess the mental health of a population (Samartzis & Talias, 2020).
- **Disability:** Psychiatric disorders rank among the leading causes of disability worldwide, with significant impacts on occupational functioning and causing substantial economic consequences. Psychopathology has been linked to pervasive impairments in social, emotional, and physical domains of life. This domain includes indicators related to disability resulting from mental health issues and disabilities in general, as they are recognized as stressors that can impact individuals' mental wellbeing (Korkeila et al., 2003). Individuals with physical disabilities experience lower quality of life compared to reference values, and there is an association between physical disability and mental illness (Alexanderson, Frimore, Espinosa, Wikström, & Stockselius, 2022).
- Mortality: There is evidence that mortality is higher among those with psychiatric disorders than in
  the general population, in particular among those suffering from substance abuse and dependence,
  eating disorders, and severe depression and schizophrenia. The causes of the increase in mortality
  in this population are related both to suicides and to a moderate increase in natural causes and
  related comorbidities. Indicators of mortality due to mental disorders and indicators of mortality
  from other causes that also have a strong impact on the population's mental health were included
  (Korkeila et al., 2003).

## 6.1.3. Literature review and selection of indicators

The process of identifying and selecting indicators to compose the MHI was carried out through a broad review of the scientific literature. Searches were conducted in the PubMed database using the descriptors "Public Health" AND "Mental Health" AND "Epidemilogy". Then, articles that described indicators related to the mental health of the population, written in Portuguese or English, were selected.

Additionally, a search for documents was carried out on the official website of the Brazilian Ministry of Health, in order to identify materials and references that could contain useful indicators for the composition of the MHI. Interactive discussions were also held by the Vital Strategies Brasil team and the Instituto Cactus, including a specialist consultant in Mental Health, with representatives from the city of Fortaleza to suggest indicators that could be used locally.

After these stages, 123 indicators that translated the domains of mental health were cataloged. From these, 88 indicators that could be calculated with publicly available government data were selected. From these, 22 could be calculated down to the neighborhood level for the city of Fortaleza, being selected to compose the MHI. Additionally, coverage criteria and data quality of the 22 selected indicators were verified.

Thus, these 22 selected indicators went through the "Analytical Model" stage, as described below. Table 1 presents a brief description of each of these indicators.

#### Table 1 - Description of indicators selected in the conceptual model

Indicator	Domain	Data source	
Proportion of live births whose mothers did not receive prenatal care	Access, use and demand for health services	SINASC	
Rate of hospitalizations for mental and behavioral disorders	Access, use and demand for health services	SIH-SUS / IBGE	
Proportion of live births to teenage mothers	Stressful events	SINASC	
Rate of interpersonal violence reporting	Stressful events	SINAN Violências / IBGE	
Rate of narcotics seizure occurrence	Stressful events	Department of Public Security and Social Defense / IBGE	
Rate of occurrence of violent crimes against property	Stressful events	Department of Public Security and Social Defense / IBGE	
Proportion of live births with congenital malformations, deformities and chromosomal anomalies	Disability	SINASC	
Rate of self-inflicted violence reporting	Morbidity in mental health	SINAN Violências / IBGE	
Rate of women mortality by homicides	Mortality	SIM / IBGE	
Child mortality rate	Mortality	SIM / SINASC	
Homicide mortality rate	Mortality	SIM / IBGE	
Mortality rate from intentional self-harm	Mortality	SIM / IBGE	
Mortality rate from mental and behavioral disorders	Mortality	SIM / IBGE	
Presence of active social projects in the territory	Social relationships	SECEL, UFC, CEPPJ	
Presence of child protective services in the territory	Social relationships	MPCE	
Presence of CRAS [Social Assistance Reference Center] or CREAS [Specialized Reference Center for Social Assistance] in the territory	Social relationships	SDHDS	
Presence of parks and green spaces	Positive mental health and individual subjective experience	SEUMA	
Percentage of private households where there is garbage accumulated in public spaces	Positive mental health and individual subjective experience	IBGE	
Presence of urban agriculture	Positive mental health and individual subjective experience	IPLANFOR	
Number of low-income families	Sociodemographic	Cadastro Único	
Human Development Index	Sociodemographic	IBGE	
School dropout rate	Sociodemographic	Censo Escolar [School Census]	

For the indicators "presence of active social projects in the territory", "presence of child protective services in the territory", "presence of CRAS or CREAS in the territory", "presence of parks and green spaces" and "presence of urban agriculture" it was assigned the value of 100% in the cases where facilities or structures were present and 0% in the cases where they were not. The other indicators were presented as continuous variables.

The individual qualification sheets of the 22 selected indicators can be consulted in Appendix 2.

### **6.2. Analytical Model and Consolidation**

After selecting the indicators based on the criteria listed above, an external panel of specialists in mental health was constituted, with the aim of validating and evaluating each of the selected indicators in multiple aspects. The evaluation of the indicators took into account five criteria based on the SMART methodology, as shown in Figure 3 (Buccini et al., 2021).

Decision Theory was proposed to help people make better decisions based on basic preferences. Multicriteria decision support consists of a set of techniques to help a decision-making agent – individual, group of people or committee of technicians or managers – to make decisions regarding a complex problem, evaluating and choosing alternatives to solve it according to different criteria and viewpoints. This type of support aims, therefore, to help people and/or organizations in situations in which it is necessary to identify priorities, considering, at the same time, several aspects (Jannuzzi, Miranda, & Silva, 2009).

One of the techniques used for assertive choices is the SMART methodology, aimed at multicriteria decision analysis (Gomes & Gomes, 2000). The main objective of this methodology consists of prioritizing the best path by assigning weights to each criterion, according to the determined degrees of relevance. It is a simple classification methodology and is based on weights that are assigned to the alternatives that make up the decision problem (Sabaei, Erkoyuncu, & Roy, 2015).

According to Shimizu (2006), the process of formulating decision alternatives and choosing the best one is almost always chaotic and complex. Chaotic due to the fact that individuals do not have a clear and complete vision of the objectives. Complex because the uncertainty and lack of structure of the problem can make the application of any decision methodology unfeasible.



#### Figure 3 – SMART criteria adopted to define the analytical weight of the indicators that will compose the Mental Health Index

Source: Prepared by the authors themselves

Specialists in mental health and public policies from governmental and non-governmental organizations, as well as experts dealing with mental health or related topics within the city's Health Department, Education Department, and Human Rights Department, were invited to participate in the external panel. Consent and participation were obtained from all 17 invited experts, demonstrating excellent engagement. After their acceptance, instructions were sent to the specialists to complete a questionnaire using the "Survey Monkey" tool (SurveyMonkey Audience; pt.surveymonkey.com/mp/audience). The questionnaire applied to the specialists can be found in Appendix 1 for reference.

Throughout all stages, the specialists had the opportunity to provide suggestions and comments, including the inclusion of indicators that were not initially identified. They also had the option to propose indicators at the municipal level. However, no suggestions were made for indicators that met the proposed criteria for coverage and quality, which spoke for the adequacy of the 22 indicators initially selected and demonstrating good coverage.

This process of consultation with specialists and evaluation by the Vital Strategies and Instituto Cactus teams involved the validation of previously selected indicators and consensus on quality attributes, through criteria S ("specific") and M ("measurable"). The S and M criteria were used to define the exclusion or permanence of the indicators for the composition of the MHI and their allocation in the domains of the study.

The evaluation of three different aspects of the indicators in relation to the outcome of mental health was also carried out, involving the criteria A ("achievable"), R ("relevant") and T ("time-bound"). The grades given to the M, A, R and T criteria were used to compose the weight assigned to each indicator in the final calculation of the MHI. Additionally, the importance of each indicator for the composition of the MHI was questioned.

In detail, in Phase 1 of the analytical methodology, which involved validating the previously selected indicators and reaching a consensus on quality attributes, the S criterion aimed to assess the extent to which each indicator was specific to the conceptual model domain of mental health, i.e., whether the indicator belonged to the allocated domain. The question answered by the experts for this criterion was: "Does this indicator belong to the domain?" The response options were dichotomous (yes/no). If the expert disagreed with the domain to which the indicator was allocated by the internal team, they were asked to indicate the domain to which they would allocate the indicator and provide a justification for their response. The overall agreement regarding the indicator's belonging to the allocated domain was 89.7%.

Still with regard to Phase 1, the M criterion aims to qualify each of the indicators listed, according to systematic and objective attributes. Thus, experts were asked to assess the importance of each proposed attribute, in order to capture the quality of the indicator. The four attributes initially proposed were: a) data periodicity; b) access to data; c) population subset; d) data source, as defined in Table 2.

Subsequently, the research team, consisting of two epidemiologists from Vital Strategies, classified each of the indicators that make up the MHI according to the same four attributes evaluated by the specialists. For the evaluation carried out by the internal team, a code was established according to the 5-point Likert scale for each attribute: periodicity (1= one-off, 3 = biannual, 5 = monthly, half-yearly or annual), source of data (1 = projection, 3 = survey, 5 = system), access (1 = private, 3 = upon request to government, 5 = available via internet for download), population subset (1 = CadÚnico, Family Health Strategy and others, 3 = users of SUS or the public education system, 5 = Brazilian population). A visualization of the questionnaire applied to the research team is available in Appendix 1.

Table 2 – Attributes for assessing the quality of indicators in criterion M (Measurable) of the Mental Health Index. Source: Buccini et al. (2021)

Attribute	Justification	Categories		
Periodicity of data	Period in which the data is published. The periodicity of the data may influence	One-off		
	the index update time	Biannual		
		Monthly, half-yearly or annual		
Data access	The data can be accessed in a public or restricted way. The way of accessing	Private		
	the data may influence the sustainability of the index	Available upon request to government		
		Available via internet for download		
Population subset	The population cut may influence the representativeness of the index in relation to the total population of	Single Registry (CadÚnico, Family Health Strategy and others)		
	the city	Users of the Unified Health System (SUS) or the public education system		
		Brazilian population		
Data source	Data come from data collections (primary), or systems (secondary), or	Projection		
	predictions-projections. The data sourcemay influence how much the	Survey		
	index reflects the real situation	System		

The data obtained from Phase 1 of the analytical methodology were used to define the exclusion or permanence of the indicators for the composition of the MHI.

Regarding Phase 2 of the analytical methodology, criterion A aimed to assess the level of governability of the municipal sphere in modifying the indicators for greater impact on mental health outcomes. The question that guided the experts' analysis was: "What is the governability of the city in modifying this indicator for greater impact on the Mental Health Index (MHI)?" Each expert selected a response on a 100-point scale, where 0 represents "No governability: the actions necessary to modify this indicator depend entirely on the state or federal level", and 100 represents "Complete governability: the actions necessary to modify this indicator depend entirely on the municipal level."

Still with regard to Phase 2, criterion R aimed to assess how modifications to the indicators could impact Mental Health outcomes. In this round, the experts responded to the following question: "If this indicator showed improved performance, how much would it impact the improvement of the final outcome for mental health?" The responses were provided on a 100-point scale, where 0 represents "Almost not determinant: positive modifications to this indicator do not improve Mental Health at all", and 100 represents "Highly determinant: positive modifications to this indicator greatly improve mental health."

As the last criterion of Phase 2, the T criterion aimed to assess how long changes in a single indicator would impact improvements in the mental health outcome. The experts answered the following question: "If this indicator performed better, how long do you estimate that this would impact on an improvement in the final outcome (mental health)?" Responses were given according to a 100-point scale, where 0 represents "Short term" (up to 1 year) and 100 represents "Long term" (4 or more years). The choice of stints follows the logic that political mandates in Brazil last four years and that the planning and execution of a government, including the political will and resources to implement a given intervention, is decisive for the action (Buccini et al., 2021). For the calculation of the MHI, this indicator had its polarity reversed.

For the construction of the final weighing of each indicator, the following steps were followed, established by Buccini and colleagues (2021):

- Calculation of the M criterion: the average score of each attribute obtained by the experts and the project team was calculated. Subsequently, the overall average of the M criterion was calculated according to the equation: {[(Experts frequency + Team frequency)/2] + [(Experts source + Team source)/2] + [(Experts access + Team access)/2] + [(Expert Cutout + Team Cutout)/2]} / 4
- 2. Calculation of the final weight of each indicator according to the equation: [(Criterion M + Criterion A + Criterion R + Criterion T polarized) /4]

The results of the expert panel consultation are shown in Figure 4. The indicator with the highest final weight was the "mortality rate from intentional self-harm", with 75.1/100. The indicator with the lowest final weight was the "occurrence rate of violent crimes against property", with 54.7/100.



#### Figure 4 - Attributes and weights of the Mental Health Index indicators, measured by a panel of experts

Source: Prepared by the authors themselves

For the calculation of the indices by domain, each of the indicators was constructed from the predefined calculation methods during the construction of the matrix of indicators. The weights of the indicators were established according to the results obtained for criteria A, R, T, after consultation with specialists. The index per domain was calculated using the standardized values of the indicators and the weights, through a weighted arithmetic mean, according to the formula:

$$Mp = \frac{x_1p_1 + x_2p_2 + \dots + x_np_n}{p_1 + p_2 + \dots + p_n}$$

Where Mp is the calculated domain, xn are the standardized indicators and pn are the generated weights. The final values of each domain were then normalized between 0 (zero) and 100 (one hundred), using the Min-Max technique.

The overall MHI was calculated from the average of the indices calculated by domain. Domain and overall indices were used to classify territories into quartiles. This type of separatrix divides four classes with the same number of neighborhoods in each of them, allocating neighborhoods according to the MHI value (Nascimento et al., 2007).

The Mental Health Index aims to show where the environment is more or less favorable for promoting good mental health for the population. Its interpretation is based on the principle of a comprehensive view of the eight domains of mental health, which take into account the individual and their context in a multifactorial way, and should not be interpreted based on isolated indicators.

Least favorable environment for promoting good mental health SCORE: 0 Most favorable environment for promoting good mental health SCORE: 100

## 7. Step 2 – Data Engineering

The data engineering stage focused on the technical aspects necessary for the materialization of the selected indicators, in order to support the construction and calculation of the MHI, by domain and overall, for Fortaleza. This step was performed concurrently with the others.

The first step in constructing the indicators was obtaining the necessary data sources. Public governmental databases were made available by the Municipal Health Department of Fortaleza and other departments involved. All bases used are anonymized and do not present personal and sensitive information.

After obtaining the data, new quality and consistency analysis routines were carried out, ensuring greater accuracy during the indicator generation process.

Data preprocessing was conducted, which included standardizing the neighborhood names according to Municipal Decree 14.498/2019. Due to recent modifications in the neighborhood distribution brought about by the aforementioned decree, it was decided to work with indicators from the year 2019 up to the most recent available. Data harmonization/conversion was also carried out when necessary to ensure compatibility among data from different sources. Additionally, indicators representing negative aspects for mental health (e.g., mortality indicators) were inverted (multiplied by -1) as they have a negative impact on the MHI.

## 8. Step 3 - Mental Health Map and Interactive Platform

The Fortaleza Mental Health Map was constructed to present the spatial distribution, at neighborhood level, of mental health indices by domain and overall. For this construction, the generation of the ISM was carried out in two ways: 1) construction of indicators and indices by domain; and 2) construction (calculation) of the overall index and classification of intramunicipal territories.

For the generation of indices by domain, each of the indicators was built from the pre-defined calculation methods during the construction of the matrix of indicators. Polarized and standardized values of the indicators and weights were used, through a weighted arithmetic mean.

Based on georeferencing, the Mental Health Map presents a portrait of the environment related to the promotion of mental health for the city and was made available on an online platform called the Fortaleza Mental Health Panel. As a management tool, the panel was designed to support the decision-making process on policies aimed at mental health in the city.

Delivered to the City of Fortaleza in December 2022 and made available for access by managers in the city's portal, the platform applies, in an interactive and accessible way, the entire intersectoral methodology of intelligence in public health and epidemiology used in the elaboration of the Mental Health Index.

In addition to proposing a dynamic view of the data on the map, the panel also offers various contents for consultation, such as a repository of good practices, information on the provision of mental health services in the city and details of the indicators used, with information on their concept and definition, calculation method, measurement unit, data source, geographic coverage, disaggregation levels, update periodicity, among others.

On the platform's initial screen (Figure 5), it is possible to select the option to access the screens: "Projeto" [Project] (containing the options "Sobre o projeto" [About the project], "Metodologia e etapas" [Methodology and stages], "Fichas de qualificação de indicadores" [Indicator qualification sheets] and "Referências e materiais complementares" [References and complementary materials]), "Mapa da Saúde Mental" [Mental Health Map] (containing the options "Acesse o mapa" [Access the map], "Como usar o mapa" [How to use the map] and FAQ), "Boas práticas" [Best practices] ou "Rede assistencial" [Assistance network].

Figura 5 – Layout do Painel da Saúde Mental de Fortaleza



The text box next to the map (Figure 6) shows the value of the Overall Mental Health Index for the city of Fortaleza. Here, it is possible to see the general index of the city for each of the eight domains of mental health. Thus, in addition to an overview of how the mental health indicators are in the city, it is also possible to verify the individual situation of the various factors that influence mental health, contemplating the characteristic intersectionality of the theme.



#### Figure 6 - Visualization of the Mental Health Map on the platform "Painel da Saúde Mental – Fortaleza" – MHI of the city

Source: Prepared by the authors themselves

After seeing the general indicators of the ISM for the city, the user can select each of the neighborhoods that he wants to view individually. When selecting a neighborhood on the map, the text box will display the values of the Mental Health Index of that location (Figure 7), both overall and by domain.



Figure 7 – Visualization of the Mental Health Map on the platform "Painel da Saúde Mental – Fortaleza" – MHI of the "Bonsucesso" neighborhood

Source: Prepared by the authors themselves

In the text box for each neighborhood, it is also possible to click on "ver mais" [see more] to open a detailed view, for each neighborhood in the city, with the Mental Health Index by domain and the indicators that make up each one of them (Figure 8).

In this visualization, it is possible to identify which domains pull the index down, allowing the identification of which areas demand more actions and should be prioritized in order to make the neighborhood environment more favorable for the good mental health of its population.

With the index, it is possible to monitor and guide the prioritization of care management, support the formulation of programs and practices aimed at prevention and health promotion, in addition to favoring the articulation of different social agendas in favor of mental health.

Figure 8 – Visualization of detailed information on the composition of the MHI of the "Bonsucesso" neighborhood on the platform "Painel da Saúde Mental – Fortaleza"



Source: Prepared by the authors themselves

The tool also presents a ranking of neighborhoods in the city of Fortaleza based on the Mental Health Index (Figure 9). This visualization makes clear the perception that, even in neighborhoods with general indices that are very similar or the same, the index by domains can have a very different configuration. This shows the particularities of each territory, guiding more specifically the prioritization of local actions to promote mental health.

#### Figure 9 – Visualization of the ranking of Fortaleza's neighborhoods based on their MHI on the platform "Panel da Saúde Mental – Fortaleza"

Neighborhood	÷	General	1	Health services	Stressful events	Disability	Morbidity	Mortality	Social relationships	Positive mental health	Sociodemo- graphic
CIDADE DOS FUNCIONARIOS	9	73,0	43*	89,0	83,9	80,5	89,1	95,1	0,0	85,0	61,7
BENFICA	9	72,9	44*	76,8	93,1	82,6	84,4	86,3	34,7	64,8	60,3
CONJUNTO CEARA II	9	72,6	45°	80,1	95,6	61,9	97,1	87,3	34,7	61,3	62,5
JOAO XXIII	ø	72,5	46°	99,2	80,8	62,7	85,5	95,0	65,9	31,2	59,5
MONDUBIM	9	72,4	47*	92,8	81,5	59,6	77,5	78,0	34,7	95,3	59,8
PARREAO	9	72,1	48*	88,7	88,0	76,3	97,1	82,9	31,2	27,4	85,3
VILA VELHA	9	72,0	49*	90,1	85,3	71,3	89,1	91,4	34,7	52,9	61,1
BONSUCESSO	9	71,7	50*	90,4	76,0	61,0	90,9	93,6	68,8	29,9	62,7
JARDIM DAS OLIVEIRAS	<b>9</b>	71,7	51*	92,4	82,6	60,2	86,2	91,6	68,8	53,7	37,9
PRESIDENTE KENNEDY		71,3	52*	87,2	83,6	60,8	82,6	86,8	68,8	34,1	66,5
CRISTO REDENTOR	9	71,2	53*	88,0	78,2	72,3	82,2	84,6	34,7	60,6	69,1
VARJOTA	۵	71,0	54*	82,2	78,3	70,8	88,0	91,6	0,0	71,3	85,7
MONTE CASTELO	9	70,9	55°	84,6	78,9	80,8	89,9	92,5	31,2	33,6	75,8
MUCURIPE	,	70,8	56*	83,1	78,0	59,5	85,5	73,9	65,3	31,9	89,1
PARQUELANDIA	9	70,6	57"	93,9	86,7	73,1	83,7	84,9	34,1	24,1	84,8
ALDEOTA	9	70,6	58*	52,7	95,1	73,0	92,0	87,5	0,0	70,5	94,4
QUINTINO CUNHA	9	70,5	59*	93,4	77,1	70,6	91,3	86,7	34,1	52,6	58,5

## 9. Sustainability of the Platform

The Fortaleza Mental Health Panel project enables the measurement and mapping of mental health indicators within the local context. The project has fostered collaboration among various departments and sectors of the city hall, including health, education, social assistance, and others, to adopt a tool that aids evidence-based decision-making in the region. This intersectoral engagement is crucial for formulating, implementing, and evaluating public mental health policies, particularly those targeting children and adolescents.

An action and continuity plan has been developed to ensure the sustainability of the platform, which includes annual data updates and continuous improvement of the tool. This process of ongoing enhancement is carried out collaboratively by all involved partners and ensures the transfer of technology and knowledge, enabling the municipal government to maintain and update the platform beyond the project's completion. This highlights the commitment to continuity and long-term sustainability of the initiative.

The project, built upon a robust and well-documented methodology, also has great potential for customization to other territories and scalability, making it suitable for adoption by other municipalities, states, and countries. There is also potential for expanding the target audience of the index, extending it from the child and adolescent population to encompass all age groups.

## **10. Discussion**

The current mental health challenges presented to public managers can be framed in the concept of "wicked problems" (Rittel & Webber, 1973). Its causes are multifactorial, governance over their solutions is rarely found within the same federative sphere or in specific sectors, and the consequences of inaction are extremely serious for the population. The solutions to such challenges involve, in general, building dynamic and adaptive capabilities that allow managers to be readable and adaptable in the face of new scenarios and complex decision-making processes (Karo & Kattel, 2018).

Thus, the development of solutions and tools that enable the state to achieve greater integration in understanding the problems and fostering collaboration across departments becomes a central focus of public action, particularly in the realm of health promotion. Intersectoral initiatives in this field have a direct impact on healthcare demand, as well as on the overall quality of life and socioeconomic indicators within the territory.

Mental health and mental health needs can be measured at both the individual and population levels. Population-level measures may be investigated using data from information systems and health surveys. A mental health indicator can be a direct or indirect measure of core factors or of predisposing, precipitating or protective factors. Most routinely used mental health indicators refer to health services and describe their structure, processes, quality and outcome. However, there is a plurality of indicators that can be useful to measure the different domains concerning this theme (Korkeila et al., 2003).

The analysis of the health situation using indicators that capture the complexity of mental health serves as a link between mental health policy and scientific knowledge (Korkeila et al., 2003). It is becoming increasingly crucial for public administrators to possess tools that facilitate the development of effective public policies, capable of addressing and improving mental health outcomes and reducing the impact of social determinants. Moreover, these integrated analyses and action-oriented tools enable administrators to align care and support systems, ensuring enhanced access to services and treatments within the mental healthcare continuum (Degenhardt et al., 2018).

Composite indicators, like the MHI, serve the purpose of condensing intricate and multifaceted realities to aid decision-making while retaining the underlying information base of the constituent indicators. They offer a simplified interpretation of complex data for the general public, facilitating the identification of common trends that may be challenging to discern when considering numerous

individual indicators. Furthermore, composite indicators have demonstrated their utility in benchmarking the performance of different territories.

Indeed, composite indicators should be seen as a means of initiating discussion and stimulating public interest, mapping demands, indicating vulnerabilities, supporting evidence-informed decision-making, and optimizing the use of public resources. Its relevance must be evaluated in relation to the stakeholders affected by the composite index. It is important to exercise caution so the "big picture" results do not lead users (especially policy makers) to make simplistic and misleading analytical or political conclusions (Joint Research Centre-European Commission, 2008).

In Brazil, translating and operationalizing a conceptual model into effective actions, according to the specific needs and determinants of each community, is still an enormous challenge, given the socioeconomic, environmental and political diversities and disparities between cities and even within a single one (Albuquerque et al., 2017).

Solutions and experiences such as the mental health panel, and its possible expansion to the entire national territory, have the potential to foster capacities and create tools for the better supported construction of public policies that face the current mental health challenges in the country.

The project sought to test the validity, reliability and comparability of the developed set of indicators, collecting data from existing data sources and performing internal validations. As a composite indicator, the MHI should allow satisfactory monitoring of the mental health of populations, fostering mental health promotion, comparing policies, and evaluating and disseminating good practices. The results can also be used in the joint effort to increase the visibility of mental health issues in the municipal context, directing decision-making in the health field.

Lastly, the project, created based on a robust and documented methodology, can be replicated for other locations (at the city, state, or national level), as well as for other contexts (such as, for example, focusing on the adult population).

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## Appendices

## Appendix 1 - Questionnaire applied in the Panel of Experts

Fortaleza		ealth Map taleza	Vital CACTUS
Mental Health Ma	ap of Fortaleza		
the city of Fortaleza - validation of one of th Index, with a focus on project's analytical pr the index. A description of the co	CE. Through this of the project's delivera children and your ocess on the indica omplete methodolo at Map in Fortalez	questionnaire, you ables: the creatio ng people. This qu ators to be includ ogy used to build a is available at: 1	n of a Mental Health nestionnaire is part of the ed in the calculation of the Mental Health Map o https://bit.ly/3Oq0cpO.
(lvasconcelos@vitalst	rategies.org).	_	
* 1. Please register your Name	contact information		
City/Municipality			
State			
E-mail address			
Phone number			
	-		at your personal data will be solely for the purpose of the





ART crite					3Оq0срО	
ake up the	-		-	ical weight	of the indicators that will	
	S (Specific)					
	Measure the	M (Measurab	le)			
	indicator's belonging to the	Measure the	A (Achievable			
	allocated domain	quality of the indicator	Measure the governance of the city in	R (Relevant) Measure the proximity of the	T (Time-bound)	
			modifying the indicator	indicator in the socioecological model	Measure the time required to change the indicator	
				_		
e following ques		ed to the SMA ntal Health In		l will be used to	o assign weights to the indicators ir	

Fortaleza	of Fortaleza	Wital Strategies CACTUS
Mental Health	h Map of Fortaleza	
ndicator attrib	utes ributes related to health indicators:	
	ion, how important is periodicity for the qualit	y of an indicator?
0	A	100
0	Average importance	100
	is access to data for the quality of an indicator	
0	Average importance	100
с -		
How important	is the population cut-off for the quality of an ir	ndicator?
0	Average importance	100
Iow important is	the data source for the quality of an indicator	?
)	Average importance	100
)		

Fortaleza	Mental Health Map of Fortaleza	Vital Strategies CACTUS estituto
Mental Healt	th Map of Fortaleza	
Proportion of l	live births whose mother did not receive j	prenatal care
* 1. Do you agre health services"	e that this indicator belongs to the domain "Ad? ?	ccess, use, and demand of
O Yes		
🔵 No		
2. If you don't ag	gree, which domain do you think the indicator	belongs to?
Stressful ever	nts	
O Disability		
O Mortality		
Social relation	nships	
O Positive ment	al health and individual subjective experience	
	aphic	
O Morbidity in r	nental health	
Justify your a	nswer to the previous question.	
. What is the go mental health?	vernance of the municipality to modify this ind	licator for greater impact
0	Intermediate governance	100
$\supset$		
. If this indicator alth outcome?	r were to perform better, how much would this	s impact on mental
0	Average impact	100
)		

* 6. If this indicator final outcome (men	r were to perform better, how quickly do y ntal health)?	you think it would improve the
0	Short term - Long term	100
* 7. How important	t is the data source for the Mental Health	Index?
0	Average importance	100

Fortaleza	Mental Health Map of Fortaleza	Vital Strategies CACTUS estituto
Mental Health	h Map of Fortaleza	
	lizations for mental and behavioral diso	rders
	that this indicator belongs to the domain "A	
O Yes		
🔘 No		
2. If you don't ag	ree, which domain do you think the indicator	r belongs to?
O Stressful event	s	
Disability		
O Mortality		
O Social relations	ships	
O Positive mental	l health and individual subjective experience	
O Sociodemograp	phic	
O Morbidity in m	ental health	
	swer to the previous question.	dicator for greater impact
0	Intermediate governance	100
. If this indicator alth outcome?	were to perform better, how much would th	is impact on mental
0	Average impact	100

e to perform better, how quickly do y ealth)?	ou think it would improve the
Short term - Long term	100
e data source for the Mental Health I	ndex?
Average importance	100
	alth)? Short term - Long term

Mental Heal	th Map of Forta	leza		
Proportion of	live births to teer	nage mothers		
* 1. Do you agre	e that this indicato	or belongs to the "Stres	sful events" d	omain?
◯ Yes				
○ No				
2. If you don't a	gree, which domain	n do you think the indic	cator belongs	to?
Access, use a	nd demand for health se	ervices		
O Disability				
O Mortality				
○ Social relation	nships			
O Positive men	al health and individual	l subjective experience		
	aphic			
O Morbidity in	mental health			
Justify your a	nswer to the pre	vious question		
		vious question.		
l. What is the go mental health?	vernance of the mu	unicipality to modify th	is indicator fo	r greater impact
0	Intermed	liate governance		100
)				
If this indicate	n wana ta nanfarm k	better, how much woul	d this impact	on montol
alth outcome?	r were to perform t	better, now much woul	a this hipact	on mental
0	Aver	age impact		100
$\bigcirc$				

* 6. If this indicator were to perform better, how quickly do you think it would improve the final outcome (mental health)?					
0	Short term - Long term	100			
* 7. How important is the data source for the Mental Health Index?					
0	Average importance	100			
Mental Heal	th Map of F	Fortaleza			
---	--	---	-------------------	-----------------	------------
Rate of interp	ersonal viole	ence reporting			
* 1. Do you agre Ves No	e that this ind	dicator belongs	to the "Stressful	events" domain	?
Access, use a Disability Mortality Social relatio Positive ment Sociodemogra Morbidity in a Justify your a . What is the go	nd demand for he nships cal health and ind aphic mental health nswer to the	ealth services lividual subjective e e previous que			ter impact
mental health?	Inte	ermediate gover	nance	100	
. If this indicato alth outcome?	r were to per	form better, hov	v much would th	is impact on me	ntal
		Average impac	t	100	

* 6. If this indicator were to perform better, how quickly do you think it would improve the final outcome (mental health)?			
0	Short term - Long term	100	
0			
* 7. How important	is the data source for the Mental Health Ir	ndex?	
0	Average importance	100	
<u> </u>			

Mental Health	Map of Fortaleza	
). Rate of narcotic	s seizure occurrence	
*1. Do you agree t	that this indicator belongs to the "Stressfu	ıl events" domain?
◯ Yes		
O No		
2. If you don't agre	e, which domain do you think the indicate	or belongs to?
Access, use and d	lemand for health services	
Disability		
Mortality		
Social relationshi	ps	
-	ealth and individual subjective experience	
Sociodemographi		
Morbidity in men	tal health	
Justify your answ	ver to the previous question.	
<u> </u>		
l. What is the gover mental health?	nance of the municipality to modify this ir	ndicator for greater impact
0	Intermediate governance	100
)		
	ere to perform better, how much would th	nis impact on mental
alth outcome?		
0	Average impact	100

	* 6. If this indicator were to perform better, how quickly do you think it would improve the final outcome (mental health)?			
0	Short term - Long term	100		
0				
* 7. How important	is the data source for the Mental Health Ir	ndex?		
0	Average importance	100		
<u> </u>				

Fortalez	Mental Health Map of Fortaleza	Vital CACTUS
Montal Heat	lth Map of Fortaleza	
	irrence of violent crimes against property	7
	ree that this indicator belongs to the "Stressfu	
⊖ Yes	-	
🔵 No		
2. If you don't a	agree, which domain do you think the indicato	r belongs to?
O Access, use	and demand for health services	
O Disability		
Mortality		
🔵 Social relati	onships	
-	ntal health and individual subjective experience	
Sociodemog	raphic	
Morbidity in	mental health	
Instifu your	answer to the previous question.	
l. Qual é a gove saúde mental?	rnabilidade do município em modificar esse in	dicador para maior impacto
0	Intermediate governance	100
$\supset$	-	
5. If this indicat	or were to perform better, how much would th	is impact on mental
alth outcome?		
0	Average impact	100
$\bigcirc$		

* 6. If this indicator were to perform better, how quickly do you think it would improve the final outcome (mental health)?			
Short term - Long term	100		
e data source for the Mental Health Ir	ndex?		
Average importance	100		
	ealth)? Short term - Long term		

<b>Fortaleza</b>	Mental Health Map of Fortaleza	Vital Strategies CACTUS estitruto
Mental Healt	th Map of Fortaleza	
2. Proportion of promosomal and	live births with congenital malformations omalies	s, deformities and
* 1. Do you agree	e that this indicator belongs to the "Disability"	domain?
	gree, which domain do you think the indicator	belongs to?
Stressful even		
<ul> <li>Access, use at</li> <li>Mortality</li> </ul>	nd demand for health services	
Social relation	nshins	
	al health and individual subjective experience	
Sociodemogr		
Morbidity in 1		
	nswer to the previous question.	icator for greater impact
0	Intermediate governance	100
0		
5. If this indicato ealth outcome?	r were to perform better, how much would this	s impact on mental
0	Average impact	100

	* 6. If this indicator were to perform better, how quickly do you think it would improve the final outcome (mental health)?			
0	Short term - Long term	100		
* 7. How importan	at is the data source for the Mental Health I	ndex?		
0	Average importance	100		

Fortaleza	Mental Health Map of Fortaleza	Vital Strategies CACTUS
Mental Health	Map of Fortaleza	
. Mortality rate fro	om intentional self-harm	
1. Do you agree t	hat this indicator belongs to the "Morbidi	ty in mental health" domain?
◯ Yes		
🔘 No		
2. If you don't agre	ee, which domain do you think the indicate	or belongs to?
○ Stressful events		
Access, use and c	demand for health services	
Mortality		
Social relationshi	ips	
O Positive mental h	nealth and individual subjective experience	
	ic	
Disability		
Justify your answ	wer to the previous question.	
l. What is the gover mental health?	rnance of the municipality to modify this in	ndicator for greater impact
0	Intermediate governance	100
)		
5. If this indicator w alth outcome?	vere to perform better, how much would the	his impact on mental
0	Average impact	100
)		

* 6. If this indicator were to perform better, how quickly do you think it would improve the final outcome (mental health)?			
0	Short term - Long term	100	
0			
* 7. How important	is the data source for the Mental Health In	ndex?	
0	Average importance	100	
Ŭ			

Fortaleza	a	Mental Health of Fortalez		Vital Strategies	CACTUS
Mental Heal	th Map of	f Fortaleza			
. Female homic	ide mortalit	zy rate		_	_
1. Do you agre	ee that this	indicator belongs to the	"Mortality" don	nain?	
◯ Yes					
🔘 No					
2. If you don't a	igree, which	n domain do you think th	ne indicator belo	ongs to?	
O Stressful eve	ents				
Access, use a	and demand for	r health services			
0	mental health				
Social relatio	-				
0		individual subjective experie	nce		
Sociodemogr	raphic				
Disability					
Justify your ans	wer to the p	previous question.			
		-			
. What is the go mental health?		f the municipality to mo	dify this indicat	or for greate	er impact
0	I	ntermediate governance	e	100	
)		-			
alth outcome?	or were to p	erform better, how muc	in would this im	pact on men	ital
0		Average impact		100	
$\supset$					

* 6. If this indicator were to perform better, how quickly do you think it would improve the final outcome (mental health)?			
Short term - Long term	100		
e data source for the Mental Health Ir	ndex?		
Average importance	100		
	ealth)? Short term - Long term		

Fortalez	za	Mental Health Ma of Fortaleza	P Vital Strategies	CACTUS INSTITUTO
Mental Heal	lth Map	of Fortaleza		
5. Child morta				_
1. Do you agr	ee that thi	is indicator belongs to the "Mor	tality" domain?	
◯ Yes				
🔵 No				
2. If you don't a	agree, whi	ch domain do you think the ind	icator belongs to?	
Stressful eve	ents			
0		for health services		
<u> </u>	ı mental heal	lth		
Social relation				
<u> </u>		nd individual subjective experience		
Sociodemog	raphic			
O Disability				
Justify your a	answer to	o the previous question.		
J		· ···		
4. What is the go mental health?		of the municipality to modify t	his indicator for grea	ter impact
0		Intermediate governance	100	
)				
5. If this indicat alth outcome?	or were to	perform better, how much wou	ıld this impact on me	ntal
0		Average impact	100	
$\supset$				

* 6. If this indicator final outcome (ment	were to perform better, how quickly do yo tal health)?	ou think it would improve the
0	Short term - Long term	100
0		
* 7. How important	is the data source for the Mental Health In	ndex?
0	Average importance	100
Ŭ		

Fortaleza		al Health Map f Fortaleza	Wital Strate	egies CACTUS
Mental Heal	th Map of Fortal	leza		
. Homicide mor	tality rate			
1. Do you agre	e that this indicator	r belongs to the "Mort	ality" domain?	
◯ Yes				
🔘 No				
2. If you don't a	gree, which domain	do you think the indic	cator belongs to?	
Stressful eve				
-	nd demand for health se	ervices		
-	mental health			
Social relation				
<u> </u>	al health and individual	subjective experience		
Sociodemogr	aphic			
O Disability				
Justify your a	nswer to the prev	vious question.		
l. What is the go mental health?	vernance of the mu	nicipality to modify th	is indicator for g	reater impact
0	Intermed	iate governance	100	)
5. If this indicate alth outcome?	r were to perform b	better, how much woul	d this impact on	mental
0	Avera	age impact	100	)
$\supset$				

* 6. If this indicate final outcome (me	or were to perform better, how quickly do yo ntal health)?	ou think it would improve the
0	Short term - Long term	100
0		
* 7. How importan	nt is the data source for the Mental Health I	ndex?
0	Average importance	100

Mental Health Map of Mortality rate from intentiants Mortality rate from intentiants Yes No 2. If you don't agree, which Stressful events Access, use and demand for Morbidity in mental health Social relationships Positive mental health and i Sociodemographic Disability Justify your answer to t . What is the governance of	ional self-harm ndicator belongs to domain do you thin c health services	nk the indicator		
. Mortality rate from intent 1. Do you agree that this i Yes No 2. If you don't agree, which Stressful events Access, use and demand for Morbidity in mental health Social relationships Positive mental health and i Sociodemographic Disability Justify your answer to t	ional self-harm ndicator belongs to domain do you thin c health services	nk the indicator		
<ol> <li>Do you agree that this i         Yes         No</li> <li>If you don't agree, which         Stressful events         Access, use and demand for         Morbidity in mental health         Social relationships         Positive mental health and i         Sociodemographic         Disability</li> <li>Justify your answer to t</li> </ol>	ndicator belongs to domain do you thir health services	nk the indicator		
<ul> <li>Yes</li> <li>No</li> <li>2. If you don't agree, which</li> <li>Stressful events</li> <li>Access, use and demand for</li> <li>Morbidity in mental health</li> <li>Social relationships</li> <li>Positive mental health and i</li> <li>Sociodemographic</li> <li>Disability</li> </ul> Justify your answer to t	domain do you thir <sup>c</sup> health services individual subjective exp	nk the indicator		
<ul> <li>No</li> <li>2. If you don't agree, which</li> <li>Stressful events</li> <li>Access, use and demand for</li> <li>Morbidity in mental health</li> <li>Social relationships</li> <li>Positive mental health and i</li> <li>Sociodemographic</li> <li>Disability</li> </ul> Justify your answer to t	r health services individual subjective exp		r belongs to?	
2. If you don't agree, which Stressful events Access, use and demand for Morbidity in mental health Social relationships Positive mental health and i Sociodemographic Disability Justify your answer to t	r health services individual subjective exp		r belongs to?	
<ul> <li>Stressful events</li> <li>Access, use and demand for</li> <li>Morbidity in mental health</li> <li>Social relationships</li> <li>Positive mental health and i</li> <li>Sociodemographic</li> <li>Disability</li> </ul> Justify your answer to t	r health services individual subjective exp		r belongs to?	
Access, use and demand for Morbidity in mental health Social relationships Positive mental health and i Sociodemographic Disability Justify your answer to t	individual subjective exp	perience		
Morbidity in mental health Social relationships Positive mental health and i Sociodemographic Disability Justify your answer to t	individual subjective exp	perience		
<ul> <li>Social relationships</li> <li>Positive mental health and i</li> <li>Sociodemographic</li> <li>Disability</li> </ul> Justify your answer to t		perience		
Positive mental health and i Sociodemographic Disability Justify your answer to t		perience		
Sociodemographic Disability Justify your answer to t		perience		
Justify your answer to t	he previous ques			
Justify your answer to t	he previous ques			
	he previous ques			
		tion		
. What is the governance of				
. What is the governance of				
mental health?	f the municipality to	) modify this in	dicator for great	ter impact
			100	
0 Ir	ntermediate govern	ance	100	
)				
. If this indicator were to pe	erform better. how	much would th	is impact on me	ntal
alth outcome?			io impuot on mo	lioui
0	Average impact		100	

* 6. If this indicate final outcome (me	or were to perform better, how quickly do yo ntal health)?	ou think it would improve the
0	Short term - Long term	100
0		
* 7. How importan	nt is the data source for the Mental Health I	ndex?
0	Average importance	100

Fortaleza	Mental Health Map of Fortaleza	Wital Strategies CACTUS
Mental Healt	h Map of Fortaleza	
	from mental and behavioral disorders	
1. Do you agree	e that this indicator belongs to the "Morta	ality" domain?
◯ Yes		
🔵 No		
2. If you don't ag	gree, which domain do you think the indic	cator belongs to?
○ Stressful even	ts	
Access, use an	nd demand for health services	
O Morbidity in m		
Social relation	-	
<u> </u>	al health and individual subjective experience	
Sociodemogra	phic	
Disability		
Justify your ar	nswer to the previous question.	
. What is the gov mental health?	vernance of the municipality to modify thi	is indicator for greater impact
0	Intermediate governance	100
. If this indicator alth outcome?	r were to perform better, how much would	d this impact on mental
0	Average impact	100
)		

* 6. If this indicator final outcome (ment	were to perform better, how quickly do yo tal health)?	ou think it would improve the
0	Short term - Long term	100
0		
* 7. How important	is the data source for the Mental Health In	ndex?
0	Average importance	100
Ŭ		

Fortaleza	3	Mental Hea of Forta		Vital Strategies	CACTUS
Mental Heal	th Map o	of Fortaleza			
. Presence of ac	ctive social	l projects in the terr	itory		_
1. Do you agre	ee that this	s indicator belongs t	o the "Social rel	ationships" doma	ain?
Yes					
No					
2. If you don't a	gree, whic	ch domain do you thi	nk the indicator	belongs to?	
O Stressful even	nts				
🔵 Access, use a	ind demand f	for health services			
O Morbidity in a	mental healt	h			
O Mortality					
O Positive ment	tal health an	d individual subjective ex	perience		
	raphic				
O Disability					
Justify your a	.nswer to	the previous que	stion.		
<u> </u>					
	overnance	of the municipality t	o modify this inc	licator for great	er impact
mental health?		T. 1.		100	
0		Intermediate govern	nance	100	
If this indicato	or were to	perform better, how	much would thi	s impact on mer	ital
alth outcome?	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	portorin 200001) no n		opuot ono.	
0		Average impact		100	

* 6. If this indicator final outcome (ment	were to perform better, how quickly do yo tal health)?	ou think it would improve the
0	Short term - Long term	100
0		
* 7. How important	is the data source for the Mental Health In	ndex?
0	Average importance	100
Ŭ		

Fortaleza	Mental Health Map of Fortaleza	Vital Strategies CACTUS Pestituto
Mental Healt	th Map of Fortaleza	
. Presence of c	child protective services in the territory	
1. Do you agre	e that this indicator belongs to the "Social rel	ationships" domain?
◯ Yes		
🔘 No		
2. If you don't ag	gree, which domain do you think the indicator	r belongs to?
O Stressful even	nts	
Access, use an	nd demand for health services	
O Morbidity in n	nental health	
Mortality		
O Positive menta	al health and individual subjective experience	
Sociodemogra	aphic	
Disability		
Justify your ansy	wer to the previous question.	
justilj jour unst		
	vernance of the municipality to modify this in	dicator for greater impact
mental health?	International second	100
0	Intermediate governance	100
. If this indicato	r were to perform better, how much would th	is impact on mental
alth outcome?		
0	Average impact	100
)		

* 6. If this indicator final outcome (ment	were to perform better, how quickly do yo tal health)?	ou think it would improve the
0	Short term - Long term	100
0		
* 7. How important	is the data source for the Mental Health In	ndex?
0	Average importance	100
Ŭ		

Fortaleza	Mental Health Map of Fortaleza	Vital Strategies CACTUS PASTITUTO
Mental Heal	th Map of Fortaleza	
	CRAS [Social Assistance Reference Center rence Center for Social Assistance] in the terri	-
1. Do you agre Ves No	ee that this indicator belongs to the "Social rela	ationships" domain?
2. If you don't a Stressful even	gree, which domain do you think the indicator	belongs to?
$\bigcirc$	and demand for health services	
<ul> <li>Morbidity in :</li> <li>Mortality</li> </ul>	mental health	
	tal health and individual subjective experience	
<ul> <li>Sociodemogr</li> </ul>	aphic	
<ul> <li>Disability</li> </ul>		
	wer to the previous question.	licator for greater impact
0	Intermediate governance	100
5. If this indicate	or were to perform better, how much would this	s impact on mental

* 6. If this indicate final outcome (me	or were to perform better, how quickly do y ental health)?	ou think it would improve the
0	Short term - Long term	100
* 7. How importar	nt is the data source for the Mental Health I	index?
0	Average importance	100

Mental Health	n Map of Fortaleza	
22. Presence of	parks and green spaces	
* 1. Do you agree subjective experie	that this indicator belongs to the "Positive rence" domain?	nental health and individua
◯ Yes		
🔘 No		
2. If you don't agr	ree, which domain do you think the indicator	r belongs to?
O Stressful events	S	
O Access, use and	d demand for health services	
O Morbidity in me	ental health	
O Mortality		
O Social relations	ships	
Sociodemograp	hic	
Disability		
lustify your answe	er to the previous question.	
. What is the gove mental health?	ernance of the municipality to modify this in	dicator for greater impact
0	Intermediate governance	100
. If this indicator v alth outcome?	were to perform better, how much would th	is impact on mental
0	Average impact	100

* 6. If this indicator final outcome (ment	were to perform better, how quickly do yo tal health)?	ou think it would improve the
0	Short term - Long term	100
0		
* 7. How important	is the data source for the Mental Health In	ndex?
0	Average importance	100
Ŭ		

Mental Heal	th Map of Fortaleza	
. Percentage o public spaces	of private households where there is gar	bage accumulated
	e that this indicator belongs to the "Positive n rience" domain?	nental health and individual
◯ Yes		
No		
2. If you don't a	gree, which domain do you think the indicate	or belongs to?
O Stressful eve	nts	
Access, use a	and demand for health services	
O Morbidity in	mental health	
O Mortality		
O Social relation	onships	
	raphic	
Disability		
ustify your ans	wer to the previous question.	
. What is the go mental health?	overnance of the municipality to modify this i	ndicator for greater impact
0	Intermediate governance	100
. If this indicate alth outcome?	or were to perform better, how much would t	his impact on mental
ann outcome:		
0	Average impact	100
)		

* 6. If this indicator final outcome (ment	were to perform better, how quickly do yo tal health)?	ou think it would improve the
0	Short term - Long term	100
0		
* 7. How important	is the data source for the Mental Health In	ndex?
0	Average importance	100
Ŭ		

Fortaleza	of Fortaleza	Vital Strategies CACTUS MONITORI
Mental Health	h Map of Fortaleza	
24. Presence of	f urban agriculture	
* 1. Do you agree subjective experie	e that this indicator belongs to the "Positive n ence" domain?	nental health and individua
O Yes		
🔘 No		
2. If you don't ag	ree, which domain do you think the indicator	belongs to?
O Stressful events	s	
Access, use and	d demand for health services	
O Morbidity in me	ental health	
O Mortality		
O Social relations	ships	
Sociodemograp	bhic	
Disability		
ustify your answ	er to the previous question.	
. What is the gove mental health?	ernance of the municipality to modify this inc	licator for greater impact
0	Intermediate governance	100
)		
. If this indicator alth outcome?	were to perform better, how much would thi	s impact on mental
0	Average impact	100
)		

e to perform better, how quickly do yo ealth)?	ou think it would improve the
Short term - Long term	100
e data source for the Mental Health Ir	ndex?
Average importance	100
	ealth)? Short term - Long term

Fortaleza	Mental Health Map of Fortaleza	Vital CACTUS
Mental Healtl	h Map of Fortaleza	
5. Number of lov	v-income families	
1. Do you agree Yes No	that this indicator belongs to the "Sociodem	nographic" domain?
Stressful event		r belongs to?
O Morbidity in m	d demand for health services ental health	
<ul> <li>Mortality</li> <li>Social relations</li> </ul>		
<ul> <li>Positive menta</li> <li>Disability</li> </ul>	l health and individual subjective experience	
Justify your answ	er to the previous question.	
4. What is the gov n mental health?	ernance of the municipality to modify this in	dicator for greater impact
0	Intermediate governance	100
5. If this indicator ealth outcome?	were to perform better, how much would th	is impact on mental
0	Average impact	100

to perform better, how quickly do y alth)?	ou think it would improve the
Short term - Long term	100
data source for the Mental Health I	ndex?
Average importance	100
	alth)? Short term - Long term

Fortaleza	Mental Health Map of Fortaleza	Vital Strategies CACTUS PETITUTO
	<b>th Map of Fortaleza</b> of private househouds where the garba	ge accumulated in
public space		go uooumatatoa m
1. Do you agre	e that this indicator belongs to the "Sociod	emographic" domain?
2. If you don't a	gree, which domain do you think the indica	tor belongs to?
Stressful eve		5
Access, use a	nd demand for health services	
O Morbidity in	mental health	
O Mortality		
O Social relation	nships	
O Positive ment	al health and individual subjective experience	
Disability		
4. What is the go	wer to the previous question.	indicator for greater impact
mental health?		
0	Intermediate governance	100
5. If this indicate alth outcome?	r were to perform better, how much would	this impact on mental
0	Average impact	100

* 6. If this indicato final outcome (mer	or were to perform better, how quickly do yo ntal health)?	ou think it would improve the	
0	Short term - Long term	100	
0			
* 7. How importan	t is the data source for the Mental Health I	ndex?	
0	Average importance	100	
	Fortalez	Mental Health Map of Fortaleza	Vital Strategies CACTUS
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1. Do you agree that this indicator belongs to the "Sociodemographic" domain?         Yes         No         2. If you don't agree, which domain do you think the indicator belongs to?         Stressful events         Access, use and demand for health services         Morbidity in mental health         Mortality         Social relationships         Positive mental health and individual subjective experience         Disability         Justify your answer to the previous question.         4. What is the governance of the municipality to modify this indicator for greater impact n mental health?         0       Intermediate governance         100       Intermediate governance         5. If this indicator were to perform better, how much would this impact on mental ealth outcome?	Mental Heal	th Map of Fortaleza	
<ul> <li>Yes</li> <li>No</li> <li>2. If you don't agree, which domain do you think the indicator belongs to?</li> <li>Stressful events</li> <li>Access, use and demand for health services</li> <li>Morbidity in mental health</li> <li>Mortality</li> <li>Social relationships</li> <li>Positive mental health and individual subjective experience</li> <li>Disability</li> </ul> Justify your answer to the previous question. <ul> <li>a. What is the governance of the municipality to modify this indicator for greater impact an mental health?</li> <li>a. What is the governance of the municipality to modify this indicator for greater impact an ental health?</li> <li>5. If this indicator were to perform better, how much would this impact on mental ealth entorme?</li> </ul>	7. School drop	out rate	
<ul> <li>No</li> <li>2. If you don't agree, which domain do you think the indicator belongs to?</li> <li>Stressful events</li> <li>Access, use and demand for health services</li> <li>Morbidity in mental health</li> <li>Mortality</li> <li>Social relationships</li> <li>Positive mental health and individual subjective experience</li> <li>Disability</li> </ul> 4. What is the governance of the municipality to modify this indicator for greater impact mental health? <ul> <li>Intermediate governance</li> <li>Intermediate governance</li> <li>Social relationships</li> <li>Intermediate governance</li> <li>Intermediate governance</li> </ul>	1. Do you agre	ee that this indicator belongs to the "Sociodem	nographic" domain?
<ul> <li>2. If you don't agree, which domain do you think the indicator belongs to?</li> <li>Stressful events</li> <li>Access, use and demand for health services</li> <li>Morbidity in mental health</li> <li>Mortality</li> <li>Social relationships</li> <li>Positive mental health and individual subjective experience</li> <li>Disability</li> <li>Justify your answer to the previous question.</li> <li>4. What is the governance of the municipality to modify this indicator for greater impact n mental health?</li> <li>Intermediate governance</li> <li>5. If this indicator were to perform better, how much would this impact on mental health outcome?</li> </ul>	◯ Yes		
<ul> <li>Stressful events</li> <li>Access, use and demand for health services</li> <li>Morbidity in mental health</li> <li>Mortality</li> <li>Social relationships</li> <li>Positive mental health and individual subjective experience</li> <li>Disability</li> </ul> . Justify your answer to the previous question. 4. What is the governance of the municipality to modify this indicator for greater impact n mental health? 0 Intermediate governance 5. If this indicator were to perform better, how much would this impact on mental ealth outcome?	🔘 No		
<ul> <li>Access, use and demand for health services</li> <li>Morbidity in mental health</li> <li>Mortality</li> <li>Social relationships</li> <li>Positive mental health and individual subjective experience</li> <li>Disability</li> <li>Justify your answer to the previous question.</li> <li>4. What is the governance of the municipality to modify this indicator for greater impact n mental health?</li> <li>Intermediate governance</li> <li>5. If this indicator were to perform better, how much would this impact on mental ealth outcome?</li> </ul>	2. If you don't a	gree, which domain do you think the indicator	r belongs to?
<ul> <li>Morbidity in mental health</li> <li>Mortality</li> <li>Social relationships</li> <li>Positive mental health and individual subjective experience</li> <li>Disability</li> </ul> Justify your answer to the previous question. 4. What is the governance of the municipality to modify this indicator for greater impact in mental health? 0 Intermediate governance 5. If this indicator were to perform better, how much would this impact on mental ealth outcome?	◯ Stressful eve	ents	
<ul> <li>Mortality</li> <li>Social relationships</li> <li>Positive mental health and individual subjective experience</li> <li>Disability</li> <li>Justify your answer to the previous question.</li> <li>4. What is the governance of the municipality to modify this indicator for greater impact n mental health?</li> <li>Intermediate governance</li> <li>Intermediate governance</li> <li>S. If this indicator were to perform better, how much would this impact on mental ealth outcome?</li> </ul>	Access, use a	and demand for health services	
Social relationships   Positive mental health and individual subjective experience   Disability   4. Ushat is the governance of the municipality to modify this indicator for greater impact in mental health?   Intermediate governance   5. If this indicator were to perform better, how much would this impact on mental health outcome?	O Morbidity in	mental health	
<ul> <li>Positive mental health and individual subjective experience</li> <li>Disability</li> <li>Justify your answer to the previous question.</li> <li>4. What is the governance of the municipality to modify this indicator for greater impact n mental health?</li> <li>Intermediate governance</li> <li>Intermediate governance</li> <li>S. If this indicator were to perform better, how much would this impact on mental health outcome?</li> </ul>	O Mortality		
Disability . Justify your answer to the previous question. 4. What is the governance of the municipality to modify this indicator for greater impact in mental health?  0 Intermediate governance 100  5. If this indicator were to perform better, how much would this impact on mental ealth outcome?	Social relation	onships	
. Justify your answer to the previous question. 4. What is the governance of the municipality to modify this indicator for greater impact n mental health?  0 Intermediate governance 100  5. If this indicator were to perform better, how much would this impact on mental ealth outcome?	O Positive men	tal health and individual subjective experience	
4. What is the governance of the municipality to modify this indicator for greater impact on mental health? 0 Intermediate governance 100 5. If this indicator were to perform better, how much would this impact on mental health outcome?	Disability		
5. If this indicator were to perform better, how much would this impact on mental health outcome?	4. What is the go	overnance of the municipality to modify this in	dicator for greater impact
	0	Intermediate governance	100
0 Average impact 100	5. If this indicate nealth outcome?	or were to perform better, how much would th	is impact on mental
	0	Average impact	100

* 6. If this indicate final outcome (me	or were to perform better, how quickly do y ental health)?	you think it would improve the
0	Short term - Long term	100
0		
* 7. How importan	nt is the data source for the Mental Health	Index?
0	Average importance	100

Fortal	Mental Health Ma of Fortaleza	P Vital CACTUS
Mental He	alth Map of Fortaleza	
8. Suggestion	s for indicators to be included	
essential to mea	that there are indicators that have not bee suring the mental health of the population ressarily publicly available data down to ne	? If so, please name the indicator,
	gested indicators must meet the inclusion	a criteria described in the
nethodology.	rgested indicators must meet the inclusion	a criteria described in the
nethodology. ndicator 1	rgested indicators must meet the inclusion	n criteria described in the
nethod. The sug nethodology. ndicator 1 ndicator 2 ndicator 3	rgested indicators must meet the inclusion	n criteria described in the

Fortale	Mental Health Map of Fortaleza	Vital CACTUS REMIUTO
Mental Hea	lth Map of Fortaleza	
9. Suggested	municipal indicators	
lescribed in the	was calculated. The suggested indicators sl methodology, except for the spatial breakdo disaggregation, which should be down to m	own, which should be down to
ndicator 2		
ndicator 3		
Other indicators		

Fortaleza	Mental Health Map of Fortaleza	Vital Strategies	CACTUS NSTITUTO
Mental Health Mag	o of Fortaleza		
30. Thank you!			

## Appendix 2 - Qualification sheets of the indicators selected to compose the Fortaleza's Mental Health Index



Methodological Sheet for Mental Health Map Indicators: **Proportion of live births whose mothers did not receive prenatal care** 

Indicator	Proportion of live births whose mothers did not receive prenatal carel			
Domain	Access, use and demand fo	or health services.		
Concepts and definitions	Identifies the proportion of live births to mothers who did not attend prenatal consultations in a given geographical area.			
Calculation method	Numerator: number of live births whose mothers had prenatal consultations according to gender, place of residence and year of birth. Denominator: number of live births according to gender, location and year. Constant: 100.			
Unit of measurement	Proportion of live births			
	Variables	Sources	Institutions	
Variables that make up the indicator, their respective sources and producing institutions	Number of live births whose mothers had 0 prenatal consultationsLive Birth Information System (Sinasc)Fortaleza Depart of Health (SMS)/ Ministry of Health			
	Total number of live births	Live Birth Information System (Sinasc)	Fortaleza Department of Health (SMS)/ Ministry of Health (MS)	
Geographic coverage	Brazil, Region, Federation	Units, City and Neighborho	ods	
Indicator disaggregation levels	Age group and sex			
Indicator update frequency	Yearly			
Historical series used	2019 to the latest			
Producing institution	Fortaleza Health Departmo	ent		
Contact				
References	CAPUTO, Valéria Garcia; BORDIN, Isabel Altenfelder. Problemas de saúde mental entre jovens grávidas e não-grávidas. <i>Revista de Saúde Pública</i> , v. 41, n. 4, p. 573-581, 2007.			
Classification	Necessary			
Polarity	The smaller the better			



Methodological Sheet for Mental Health Map Indicators: Rate of hospitalizations for mental and behavioral disorders

Indicator	Rate of hospitalizations for mental and behavioral disorders		
Domain	Access, use and demand for health services.		
Concepts and definitions	Number of cases of hospital admissions paid for in the Unified Health System (SUS), due to mental and behavioral disorders, in the population residing in a given geographic space, in the year considered		
Calculation method	Numerator: number of hospitalizations for mental and behavioral disorders (codes from Chapter V of ICD-10) according to ethnic group, sex, place of residence and year of hospitalization. Denominator: resident population by age group, sex, location and year. Constant: 100.		
Unit of measurement	Admissions / 100 inhabitar	nts	
	Variables	Sources	Institutions
Variables that make up the indicator, their respective sources and producing institutions	Number of hospitalizations for mental and behavioral disorders (codes from Chapter V of ICD-10)	SUS Hospital Information System (SIH-SUS)	Fortaleza Department of Health (SMS)/ Ministry of Health (MS)
	Resident population	IBGE	IBGE
Geographic coverage	Brazil, Region, Federation l	Jnits, City and Neighborho	oods
Indicator disaggregation levels	Age group and sex		
Indicator update frequency	Yearly		
Historical series used	2019 to the latest		
Producing institution	Fortaleza Health Departme	ent	
Contact			
References	<ul> <li>BENEDICTO, Rubia Paixão et al. Análise da evolução dos transtornos mentais e comportamentais ao longo das revisões da Classification Internacional de Doenças. SMAD Revista Eletrônica Saúde Mental Alcool e Drogas (Edição em Português), v. 9, n. 1, p. 25-32, 2013.</li> <li>COMPTON, Michael T. et al. Predictors of missed first appointments at community mental health centers after psychiatric hospitalization. Psychiatric Services, v. 57, n. 4, p. 531-537, 2006.</li> </ul>		
Classification	Necessary		
Polarity	The smaller the better		



Methodological Sheet for Mental Health Map Indicators: **Proportion of live births to teenage mothers** 

Indicator	Proportion of live births to teenage mothers		
Domain	Stressful events		
Concepts and definitions	Indicates the number of children born to mothers between zero and 18 years of age in relation to the total number of children born in the year according to geographi- cal limit		
Calculation method	Numerador: número nascidos vivos de mães adolescentes (10 a 18 anos) segun- do sexo, localidade de residência e ano do nascimento. Denominador: número de nascidos vivos segundo sexo, localidade e ano. Constante: 100		
Unit of measurement	Proportion of live births		
	Variables	Sources	Institutions
Variables that make up the indicator, their respective sources and producing institutions	Number of live births to teenage mothers	Live Birth Information System (Sinasc)	Fortaleza Department of Health (SMS)/ Ministry of Health (MS)
	Total number of live births	Live Birth Information System (Sinasc)	Fortaleza Department of Health (SMS)/ Ministry of Health (MS)
Geographic coverage	Brazil, Region, Federation	Units, City and Neighborho	ods
Indicator disaggregation levels	Age group and sex		
Indicator update frequency	Yearly		
Historical series used	2019 to the latest		
Producing institution	Fortaleza Health Departmo	ent	
Contact			
References		DRDIN, Isabel Altenfelder. Po o-grávidas. <i>Revista de Saúd</i>	roblemas de saúde mental <i>e Pública</i> , v. 41, n. 4, p. 573-581,
Classification	Necessary		
Polarity	The smaller the better		



Methodological Sheet for Mental Health Map Indicators: **Rate of interpersonal violence reporting** 

Indicator	Rate of interpersonal violence reporting			
Domain	Stressful events			
Concepts and definitions	•	rsonal violence reported on en geographic space, in the		
Calculation method	Numerator: number of violence reports in which the field "self-inflicted injury" is marked as "no", according to age group, sex, place of residence and year of notification of the violence. Denominator: resident population by age group, sex, location and year. Constant: 100.			
Unit of measurement	Notifications / 100 inhabita	ints		
	Variables	Sources	Institutions	
Variables that make up the indicator, their respective sources and producing institutions	Fortaleza Department of Health (SMS)/ Ministry of Health (MS)			
	Resident population	IBGE	IBGE	
Geographic coverage	Brazil, Region, Federation L	Inits, City and Neighborhoo	ds	
Indicator disaggregation levels	Age group and sex			
Indicator update frequency	Yearly			
Historical series used	2019 to the latest			
Producing institution	Fortaleza Health Departme	ent		
Contact				
References	RIBEIRO, Wagner S. et al. Exposição à violência e problemas de saúde mental em países em desenvolvimento: uma revisão da literatura. <i>Brazilian Journal of Psychiatry</i> , v. 31, p. S49-S57, 2009. PAULA, Cristiane S. et al. Mental health and violence among sixth grade students from a city in the state of São Paulo. <i>Revista de Saúde Pública</i> , v. 42, p. 524-528, 2008.			
Classification	Necessary			
Polarity	The smaller the better			



Methodological Sheet for Mental Health Map Indicators: **Rate of narcotics seizure occurrence** 

Indicator	Rate of narcotics seizure occurrence				
Domain	Stressful events				
Concepts and definitions	The seizure of narcotics is understood to be the sum of all seizures of marijuana, crack and cocaine, whether in cases of trafficking or use. The quantity will be defined by the sum, in kilograms (kg), of all seizures that have been duly weighed and that weighing was recorded by at least one of the data sources.				
Calculation method	Numerator: quantity, in kilograms, of seizures of narcotics in a given location and period. Denominator: population residing in the same location and period. Constant: 100. Data are available on the website: https://www.sspds.ce.gov.br/estatisticas-2/. The available data are aggregated by Integrated Security Areas (AIS), not by neighborhoods. To calculate the number of apprehensions per neighborhood, the average of the values of the neighborhoods that make up each AIS was considered (number of apprehensions in a given AIS divided by the number of neighborhoods that make it up).				
Unit of measurement	Seizures (in kilograms) / 10	0 inhabitants			
	Variables Sources Institutions				
Variables that make up the indicator, their respective sources and producing institutions	Number of narcotics seizures	Criminal indicators of the Integrated Security Areas (AIS)	Fortaleza Department of Public Security and Social Defense		
	Resident population	IBGE	IBGE		
Geographic coverage	City and Neighborhoods				
Indicator disaggregation levels	Not available				
Indicator update frequency	Yearly				
Historical series used	2019 to the latest				
Producing institution	Fortaleza Department of P	ublic Security and Social Def	ense		
Contact					
References	consumo de álcool e outra	aribé de Araújo et al. Relação s drogas e bullying entre ado í <i>de Pública</i> , v. 28, p. 1725-173	plescentes escolares		
Classification	Necessary				
Polarity	The smaller the better				



Methodological Sheet for Mental Health Map Indicators: Rate of occurrence of violent crimes against property

Indicator	Rate of occurrence of violent crimes against property			
Domain	Stressful events			
Concepts and definitions	Violent crimes against property are understood as all crimes classified as robbery, except for robbery resulting in death (homicide)			
Calculation method	Numerator: number of violent crimes against property that occurred in a given location and period. Denominator: population residing in the same location and period. Constant: 100. Data are available on the website: https://ww- w.sspds.ce.gov.br/estatisticas-2/. The available data are aggregated by Integrated Security Areas (AIS), not by neighborhoods. To calculate the number of crimes per neighborhood, the average of the values of the neighborhoods that make up each AIS was considered (number of crimes in a given AIS divided by the number of neighborhoods that make it up).			
Unit of measurement	Violent crimes against prop	perty / 100 inhabitants		
	Variables Sources Institutions			
Variables that make up the indicator, their respective sources and producing institutions	Number of violent crimes against property	Criminal indicators of the Integrated Security Areas (AIS)	Fortaleza Department of Public Security and Social Defense	
	Resident population	IBGE	IBGE	
Geographic coverage	City and Neighborhoods			
Indicator disaggregation levels	Not available			
Indicator update frequency	Yearly			
Historical series used	2019 to the latest			
Producing institution	Fortaleza Department of Po	ublic Security and Social Def	ense	
Contact				
References	MARÍN-LEÓN, Leticia et al. Percepção dos problemas da comunidade: influência de fatores sócio-demográficos e de saúde mental. <i>Cadernos de Saúde Pública</i> , v. 23, n. 5, p. 1089-1097, 2007.			
Classification	Necessary			
Polarity	The smaller the better			



Methodological Sheet for Mental Health Map Indicators: Proportion of live births with congenital malformations, deformities and chromosomal anomalies

Indicator	Proportion of live births with congenital malformations, deformities and chromosomal anomalies			
Domain	Disability			
Concepts and definitions		f live births with congenita ies, in a given geographica	l malformations, deformities l area.	
Calculation method	Numerator: number of live births with congenital malformations, deformities and chromosomal anomalies according to sex, place of residence and year of birth. Denominator: number of live births according to gender, location and year. Constant: 100. This indicator should be every five years (number of live births with malformations from 2015 to 2019 divided by the number of live births in the same period).			
Unit of measurement	Proportion of live births			
	Variables	Sources	Institutions	
Variables that make up the indicator, their respective sources and producing institutions	Number of live births with congenital malformations, deformities and anomaliesLive Birth Information System (Sinasc)Fortaleza Department of Health (SMS)/ Ministry of Health (MS))			
	Total number of live births	Live Birth Information System (Sinasc)	Fortaleza Department of Health (SMS)/ Ministry of Health (MS)	
Geographic coverage	Brazil, Region, Federation l	Units, City and Neighborho	ods	
Indicator disaggregation levels	Age group and sex			
Indicator update frequency	Yearly			
Historical series used	2015			
Producing institution	Fortaleza Health Departme	ent		
Contact				
References	PEROSA, Gimol Benzaquen et al. Sintomas depressivos e ansiosos em mães de recém-nascidos com e sem malformações. <i>Revista Brasileira de Ginecologia e Obstetrícia</i> , v. 31, p. 433-439, 2009. CARDOSO-DOS-SANTOS, Augusto César et al. Lista de anomalias congênitas prioritárias para vigilância no âmbito do Sistema de Informações sobre Nascidos Vivos do Brasil. <i>Epidemiologia e Serviços de Saúde</i> , v. 30, 2021.			
Classification	Necessary			
Polarity	The smaller the better			



Methodological Sheet for Mental Health Map Indicators: Rate of self-harm violence

Indicator	Rate of self-harm violence			
Domain	Morbidity in mental health			
Conceitos e definições	Number of cases of self-inflicted violence reported on Sinan Violência, in the population residing in a given geographic space, in the year considered.			
Calculation method	Numerator: number of reports of violence in which the "self-inflicted injury" field is marked "yes" according to age group, sex, place of residence and year of notification of the violence. Denominator: resident population by age group, sex, location and year. Constant: 100.			
Unit of measurement	Notifications / 100 inhabit	ants		
	Variables	Sources	Institutions	
Variables that make up the indicator, their respective sources and producing institutions	Number of reports of violence in which the "self-inflicted injury" field is marked "yes"	Information System on Reports of Injuries (Sinan Violência)	Fortaleza Department of Health (SMS)/ Ministry of Health (MS)	
	Resident population	IBGE	IBGE	
Geographic coverage	Brazil, Region, Federation Units, City and Neighborhoods			
Indicator disaggregation levels	Age group and sex			
Indicator update frequency	Yearly			
Historical series used	2019 to the latest			
Producing institution	Fortaleza Health Departme	ent		
Contact				
References	MACIEJEWSKI, Dominique F. et al. Overlapping genetic and environmental influences on nonsuicidal self-injury and suicidal ideation: different outcomes, same etiology?. <i>JAMA psychiatry</i> , v. 71, n. 6, p. 699-705, 2014.			
Classification	Necessary			
Polarity	The smaller the better			



Methodological Sheet for Mental Health Map Indicators: **Rate of women mortality by homicides** 

Indicator	Rate of women mortality by homicides				
Domain	Mortality				
Conceitos e definições	Number of deaths of women by homicides, in the female population residing in a given geographic space, in the year considered.				
Calculation method	Numerator: number of female deaths from homicide [basic cause X85-Y09 (assault), Y22 to Y24 (firearm discharge of undetermined intent), Y35 Legal intervention), Y87.1 (sequelae of aggression) and Y89.0 (sequelae of legal intervention)], according to age group, place of residence and year of death. Denominator: resident female population according to age group, location and year. Constant: 100. This indicator is used as a proxy for femicide, given that it is not possible to infer data on this type of crime from the Mortality Information System.				
Unit of measurement	Deaths / 100 women				
	Variables	Sources	Institutions		
Variables that make up the indicator, their respective sources and producing institutions	Number of deaths of women by homicide	Fortaleza Department of Health (SMS)/ Ministry of Health (MS)			
	Female resident     IBGE     IBGE       population     IBGE     IBGE				
Geographic coverage	Brazil, Region, Federation I	Jnits, City and Neighborhoo	ds		
Indicator disaggregation levels	Age group				
Indicator update frequency	Yearly				
Historical series used	2019 to the latest				
Producing institution	Fortaleza Health Department				
Contact					
References	DE ÁVILA, Thiago Pierobom et al. Políticas públicas de prevenção ao feminicídio e interseccionalidades. <i>Revista Brasileira de Políticas Públicas</i> , v. 10, n. 2, 2020.				
Classification	Necessary				
Polarity	The smaller the better				



Methodological Sheet for Mental Health Map Indicators: Child mortality rate

Indicator	Child mortality rate			
Domain	Mortality			
Concepts and definitions	The indicator estimates the risk of death of live births during their first year of life and consists of relating the number of deaths of children under one year of age, by 1 or live births, in the population residing in a given geographic space, in the year considered.			
Calculation method	Numerator: number of deaths of residents under one year of age according to sex, place of residence and year of death. Denominator: number of live births according to gender, location and year. Constant: 100.			
Unit of measurement	Óbitos / 100 nascidos viv	os		
	Variables	Sources	Institutions	
Variables that make up the indicator, their respective sources and producing institutions	Number of deaths of residents under one year of age	Mortality Information System (SIM)	Fortaleza Department of Health (SMS)/ Ministry of Health (MS)	
	Total number of live births	Live Birth Information System (Sinasc)	Fortaleza Department of Health (SMS)/ Ministry of Health (MS)	
Geographic coverage	Brazil, Region, Federation	Units, City and Neighborho	ods	
Indicator disaggregation levels	Not available			
Indicator update frequency	Yearly			
Historical series used	2019 to the latest			
Producing institution	Fortaleza Health Department			
Contact				
References	JOU, Judy et al. Paid maternity leave in the United States: associations with maternal and infant health. Maternal and child health journal, v. 22, n. 2, p. 216-225, 2018.			
Classification	Necessary			
Polarity	The smaller the better			



Methodological Sheet for Mental Health Map Indicators: Homicide mortality rate

Indicator	Homicide mortality rate			
Domain	Mortality			
Concepts and definitions	Number of deaths of residents due to homicides, in the population residing in a given geographic space, in the year considered.			
Calculation method	Numerator: number of deaths from homicide [basic cause X85-Y09 (assault), Y22 to Y24 (firearm discharge with undetermined intent), Y35 (legal intervention), Y87.1 (sequelae of aggression) and Y89.0 (sequelae of legal intervention)], according to age group, sex, place of residence and year of death. Denominator: resident population by age group, sex, location and year. Constant: 100.			
Unit of measurement	Deaths / 100 inhabitants			
	Variables	Sources	Institutions	
Variables that make up the indicator, their respective sources and producing institutions	Number of deaths from homicide Resident population	Mortality Information System (SIM)	Fortaleza Department of Health (SMS)/ Ministry of Health (MS) IBGE	
Geographic coverage	Brazil, Region, Federation	Units, City and Neighborho	ods	
Indicator disaggregation levels	Age group and sex			
Indicator update frequency	Yearly			
Historical series used	2019 to the latest			
Producing institution	Fortaleza Health Departm	ent		
Contact				
References	PLANA-RIPOLL, Oleguer et al. A comprehensive analysis of mortality-related health metrics associated with mental disorders: a nationwide, register-based cohort study. <i>The Lancet</i> , v. 394, n. 10211, p. 1827-1835, 2019.			
Classification	Necessary			
Polarity	The smaller the better			



Methodological Sheet for Mental Health Map Indicators: Mortality rate from intentional self-harm

Indicator	Mortality rate from intentional self-harm			
Domain	Mortality			
Concepts and definitions	Number of deaths of residents by suicide, in the population residing in a given geographical space, in the year considered.			
Calculation method	Numerator: number of deaths due to voluntary self-harm (ICD-10 codes from X60 to X84 and Y87.0), according to age group, sex, place of residence and year of death. Denominator: resident population according to age group, gender, location and year. Constant: 100.			
Unit of measurement	Deaths / 100 inhabitants			
	Variables	Sources	Institutions	
Variables that make up the indicator, their respective sources and producing institutions	Number of deaths by suicide Resident population	Mortality Information System (SIM) IBGE	Fortaleza Department of Health (SMS)/ Ministry of Health (MS) IBGE	
Geographic coverage	Brazil, Region, Federation	Units, City and Neighborho	ods	
Indicator disaggregation levels	Age group and sex			
Indicator update frequency	Yearly			
Historical series used	2019 to the latest			
Producing institution	Fortaleza Health Departm	ient		
Contact				
References	MIRON, Oren et al. Suicide rates among adolescents and young adults in the United States, 2000-2017. Jama, v. 321, n. 23, p. 2362-2364, 2019. STONE, Deborah M.; JONES, Christopher M.; MACK, Karin A. Changes in suicide rates—United States, 2018–2019. Morbidity and Mortality Weekly Report, v. 70, n. 8, p. 261, 2021.			
Classification	Necessary			
Polarity	The smaller the better			



Methodological Sheet for Mental Health Map Indicators: Mortality rate from mental and behavioral disorders

Indicator	Mortality rate from mental and behavioral disorders			
Domain	Mortality			
Conceitos e definições	Number of deaths of residents with mental and behavioral disorders, in the definitions of the population residing in a given geographical space, in the year considered.			
Calculation method	Numerator: number of deaths due to mental and behavioral disorders (codes from Chapter V of ICD-10) according to age group, sex, place of residence and year of death. Denominator: resident population according to age group, gender, location and year. Constant: 100.			
Unit of measurement	Deaths / 100 inhabitants			
	Variables	Sources	Institutions	
Variables that make up the indicator, their respective sources and producing institutions	Number of deaths due to mental and behavioral disorders Resident population	Mortality Information System (SIM)	Fortaleza Department of Health (SMS)/ Ministry of Health (MS) IBGE	
Geographic coverage	Brazil, Region, Federation	Units, City and Neighborho	ods	
Indicator disaggregation levels	Age group and sex			
Indicator update frequency	Yearly			
Historical series used	2019 to the latest			
Producing institution	Fortaleza Health Departmo	ent		
Contact				
References	PLANA-RIPOLL, Oleguer et al. A comprehensive analysis of mortality-related health metrics associated with mental disorders: a nationwide, register-based cohort study. <i>The Lancet</i> , v. 394, n. 10211, p. 1827-1835, 2019.			
Classification	Necessary			
Polarity	The smaller the better			



Methodological Sheet for Mental Health Map Indicators: **Presence of active social projects in the territory** 

Indicator	Presence of active social projects in the territory			
Domain	Social relationships			
Concepts and definitions	Social projects will be considered: Areninha, ENACTUS, Young Startups, surf program with NGOs and Schools with specific programs. Indicator collected through the Fortaleza em Mapas website. https://mapas.fortaleza.ce.gov.br/#/			
Calculation method	Indicator in yes/no format (there is at least one active social project in this location / there is no active social project in this location). The value 100% will be assigned to neighborhoods where there is an active social project and 0% where there is not.			
Unit of measurement	Presence / Absence			
Variables that make up the	Variables	Sources	Institutions	
indicator, their respective sources and producing institutions	Social projects active in the territory	SECEL, UFC, CEPPJ	SECEL, UFC, CEPPJ	
Geographic coverage	City and Neighborhoods			
Indicator disaggregation levels	Not available			
Indicator update frequency	Triennial			
Historical series used	Most current year			
Producing institution	SECEL, UFC, CEPPJ			
Contact				
References	CURRIE, Candace et al. Social determinants of health and well-being among young people. Health Behaviour in School-aged Children (HBSC) study: international report from the, v. 2010, p. 271, 2009. COSTA, Albanita Gomes da; LUDERMIR, Ana Bernarda. Transtornos mentais comuns e apoio social: estudo em comunidade rural da Zona da Mata de Pernambuco, Brasil. <i>Cadernos de Saúde Pública</i> , v. 21, p. 73-79, 2005.			
Classification	Necessary			
Polarity	The bigger the better			



Methodological Sheet for Mental Health Map Indicators: **Presence of child protective services in the territory** 

Indicator	Presence of child protective services in the territory			
Domain	Social relationships			
Concepts and definitions	It will be considered places where there are active child protective services. Indica- tor collected through the Fortaleza em Mapas website. https://mapas.for- taleza.ce.gov.br/#/			
Calculation method	Indicator in yes/no format (there are active child protective services in this location / there are no active child protective services in this location). The value 100% will be assigned to neighborhoods where there are active child protective services and 0% where there are not.			
Unit of measurement	Presence / Absence			
Variables that make up the	Variables	Sources	Institutions	
indicator, their respective sources and producing institutions	Active child protective services in the territory	MPCE	MPCE	
Geographic coverage	City and Neighborhoods			
Indicator disaggregation levels	Not available			
Indicator update frequency	Triennial			
Historical series used	Most current year			
Producing institution	MPCE			
Contact				
References	JOHNSON, Matthew D.; GALAMBOS, Nancy L. Paths to intimate relationship quality from parent–adolescent relations and mental health. <i>Journal of Marriage and Family</i> , v. 76, n. 1, p. 145-160, 2014.			
Classification	Necessary			
Polarity	The bigger the better			



Methodological Sheet for Mental Health Map Indicators: **Presence of CRAS [Social Assistance Reference Center] or CREAS [Specialized Reference Center for Social Assistance] in the territory** 

Indicator	Presence of CRAS [Social Assistance Reference Center] or CREAS [Specialized Reference Center for Social Assistance] in the territory			
Domain	Social relationships			
Concepts and definitions	The places where there is a presence of CRAS (Reference Center for Social Assis- tance) and CREAS (Specialized Reference Center for Social Assistance) will be considered. Indicator collected through the Fortaleza em Mapas website. https://mapas.fortaleza.ce.gov.br/#/			
Calculation method	Indicator in yes/no format (there is a CRAS or CREAS council active in this location / there is no CRAS or CREAS acting in this location). The value 100% will be assigned to neighborhoods where there is CRAS or CREAS and 0% where there is not.			
Unit of measurement	Presence / Absence			
	Variables	Sources	Institutions	
Variables that make up the indicator, their respective sources and producing institutions	Active CRAS or CREAS in the territory	SDHDS	SDHDS	
Geographic coverage	City and Neighborhoods			
Indicator disaggregation levels	Not available			
Indicator update frequency	Triennial			
Historical series used	Most current year			
Producing institution	SDHDS			
Contact				
References	JOHNSON, Matthew D.; GALAMBOS, Nancy L. Paths to intimate relationship quality from parent–adolescent relations and mental health. <i>Journal of Marriage and Family</i> , v. 76, n. 1, p. 145-160, 2014.			
Classification	Necessary			
Polarity	The bigger the better	The bigger the better		



Methodological Sheet for Mental Health Map Indicators: **Presence of parks and green spaces** 

Indicator	Presence of parks and green spaces			
Domain	Positive mental health and individual subjective experience			
Concepts and definitions	It will be considered the places where there are parks and green spaces. Indicator collected through the Fortaleza em Mapas website. https://mapas.fortaleza.ce.govbr/#/			
Calculation method	Indicator in yes/no format (there are parks and green spaces in this location / there are no parks and green spaces in this location). The value 100% will be assigned to neighborhoods where there is CRAS or CREAS and 0% where there is not.			
Unit of measurement	Presence / Absence			
Variables that make up the	Variables	Sources	Institutions	
indicator, their respective sources and producing institutions	Parks and green spaces	SEUMA	SEUMA	
Geographic coverage	City and Neighborhoods			
Indicator disaggregation levels	Not available			
Indicator update frequency	Triennial			
Historical series used	Most current year			
Producing institution	SEUMA			
Contact				
References	WOOD, Lisa et al. Public green spaces and positive mental health–investigating the relationship between access, quantity and types of parks and mental wellbeing. <i>Health &amp; place</i> , v. 48, p. 63-71, 2017.			
Classification	Necessary			
Polarity	The bigger the better			



Methodological Sheet for Mental Health Map Indicators: Percentage of private households where there is garbage accumulated in public spaces

Indicator	Percentage of private households where there is garbage accumulated in public spaces			
Domain	Positive mental health and individual subjective experience			
Concepts and definitions	Identifies the proportion of private households where there is garbage accumulat- ed in public areas, in a given geographical limit.			
Calculation method	Numerator: number of private households where there is garbage accumulated in public areas in a given location and year. Denominator: total number of private households in a given location and year. Constant: 100.			
Unit of measurement	Proportion of households			
	Variables	Sources	Institutions	
Variables that make up the indicator, their respective sources and producing institutions	Number of private households where there is garbage accumulated in public areas	IBGE	IBGE	
	Total number of private households	IBGE	IBGE	
Geographic coverage	Brazil, Region, Federation Units, City and Neighborhoods			
Indicator disaggregation levels	Not available			
Indicator update frequency	Yearly			
Historical series used	2019 to the latest			
Producing institution	IBGE			
Contact				
References	EVANS, Gary W. The built environment and mental health. <i>Journal of urban health</i> , v. 80, n. 4, p. 536-555, 2003.			
Classification	Necessary			
Polarity	The smaller the better			



Methodological Sheet for Mental Health Map Indicators: **Presence of urban agriculture** 

Indicator	Presence of urban agriculture			
Domain	Positive mental health and individual subjective experience			
Concepts and definitions	It will be considered the places where urban agriculture is present. The productive spaces identified and the places where the "Hortas Sociais" [Social Gardens] project is active will be considered. Indicator collected through the Fortaleza em Mapas website. https://mapas.fortaleza.ce.gov.br/#/			
Calculation method	Indicator in yes/no (there is urban agriculture in this location / there is no urban agriculture in this location). The value 100% will be assigned to neighborhoods where there is urban agriculture and 0% where there is not.			
Unit of measurement	Presence / Absence			
Variables that make up the	Variables	Sources	Institutions	
indicator, their respective sources and producing institutions	Urban agriculture	IPLANFOR	IPLANFOR	
Geographic coverage	City and Neighborhoods			
Indicator disaggregation levels	Not available			
Indicator update frequency	Triennial			
Historical series used	Most current year			
Producing institution	IPLANFOR			
Contact				
References	<ul> <li>AUDATE, Pierre Paul et al. Scoping review of the impacts of urban agriculture on the determinants of health. <i>BMC Public Health</i>, v. 19, n. 1, p. 1-14, 2019.</li> <li>ILLEVA, Rositsa T. et al. The Socio-Cultural Benefits of Urban Agriculture: A Review of the Literature. <i>Land</i>, v. 11, n. 5, p. 622, 2022.</li> <li>ZIMMERER, Karl S. et al. Grand challenges in urban agriculture: ecological and social approaches to transformative sustainability. <i>Frontiers in Sustainable Food Systems</i>, v. 5, p. 101, 2021.</li> </ul>			
Classification	Necessary			
Polarity	The bigger the better			



Methodological Sheet for Mental Health Map Indicators: Number of low-income families

Indicator	Number of low-income families			
Domain	Sociodemographic			
Concepts and definitions	Proportion of low-income families registered in a given location and period.			
Calculation method	Numerator: number of low-income families registered in a given location and period. Denominator: total number of families registered. Constant: 100.			
Unit of measurement	Proportion of families			
	Variables	Sources	Institutions	
Variables that make up the indicator, their respective sources and producing institutions	number of low-income families registered	Cadastro Único	SDHDS	
	Total number of families registered	Cadastro Único	SDHDS	
Geographic coverage	Brazil, Region, Federation Units, City and Neighborhoods			
Indicator disaggregation levels	Not available			
Indicator update frequency	Yearly			
Historical series used	2019 to the latest			
Producing institution	SDHDS			
Contact				
References	<ul> <li>REIS, Dener Carlos dos et al. Vulnerabilidades à saúde na adolescência: condições socioeconômicas, redes sociais, drogas e violência. <i>Revista Latino-Americana de Enfermagem</i>, v. 21, p. 586-594, 2013.</li> <li>KORKEILA, Jyrki et al. Establishing a set of mental health indicators for Europe. <i>Scandinavian journal of public health</i>, v. 31, n. 6, p. 451-459, 2003.</li> </ul>			
Classification	Necessary			
Polarity	The smaller the better			



Methodological Sheet for Mental Health Map Indicators: **Human Development Index** 

Indicator	Human Development Index			
Domain	Sociodemographic			
Concepts and definitions	Identifies the proportion of private households where there is open sewage, in a given geographical limit.			
Calculation method	Numerator: number of private households with open sewage in a given location and year. Denominator: total number of private households in a given location and year. Constant: 100.			
Unit of measurement	Proportion of households			
Variables that make up the indicator, their respective sources and producing institutions	Variables	Sources	Institutions	
	Number of private households with open sewage	IBGE	IBGE	
	Total number of private households	IBGE	IBGE	
Geographic coverage	Brazil, Region, Federation Units, City and Neighborhoods			
Indicator disaggregation levels	Not available			
Indicator update frequency	Yearly			
Historical series used	2019 to the latest			
Producing institution	IBGE			
Contact				
References	<ul> <li>REISS, Franziska. Socioeconomic inequalities and mental health problems in children and adolescents: a systematic review. <i>Social Science &amp; Medicine</i>, v. 90, p. 24-31, 2013.</li> <li>AMADDEO, Francesco; JONES, Julia. What is the impact of socio-economic inequalities on the use of mental health services?. <i>Epidemiology and Psychiatric Sciences</i>, v. 16, n. 1, p. 16-19, 2007.</li> </ul>			
Classification	Necessary			
Polarity	The smaller the better			



Methodological Sheet for Mental Health Map Indicators: School dropout rate

Indicator	School dropout rate			
Domain	Sociodemographic			
Concepts and definitions	This indicator is expressed as the ratio between dropouts (subtracting students who enrolled but were transferred during the school year, or died, or for whom no information is available, plus admitted students) and the sum of dropouts, approval and disapproval, multiplied by 100.			
Calculation method	The indicator is made available and calculated by the School Census (numerator and denominator data are not available). Data collected at: https://www.gov- .br/inep/pt-br/acesso-a-informacao/dados-abertos/indicadores-educadonais. The average between dropout rates in Elementary and High School was consid- ered. To calculate the indicator for the intra-municipal level, the average values of the indicator for schools in each neighborhood were considered.			
Unit of measurement	Dropouts / 100 students			
	Variables	Sources	Institutions	
Variables that make up the indicator, their respective sources and producing institutions	Number of dropouts	School Census	INEP	
	Total number of dropouts, fails and promotions to the next grade	School Census	INEP	
Geographic coverage	Brazil, Region, Federation Units, City and Neighborhoods			
Indicator disaggregation levels	Not available			
Indicator update frequency	Yearly			
Historical series used	2019 to the latest			
Producing institution	INEP			
Contact				
References	BLAKEMORE, Sarah- alth. <i>The lancet</i> , v. 393, n. 10185, p. 2030-2031, 2019. BOHNENKAMP, Jill H.; STEPHAN, Sharon H.; BOBO, Nichole. Supporting student mental health: The role of the school nurse in coordinated school mental health care. <i>Psychology in the Schools</i> , v. 52, n. 7, p. 714-727, 2015.			
Classification	Necessary			
Polarity	The smaller the better			



Methodological Sheet for Mental Health Map Indicators: Human Development Index by Neighborhood (HDI-N)

Indicator	Human Development Index by Neighborhood (HDI-N)			
Domain	Sociodemographic			
Concepts and definitions	The HDI corresponds to a synthetic indicator composed of three dimensions: Income, Education and Longevity. The HDI with geographic area of neighborhoods (HDI-N) was calculated and published by the Human Development Department of Fortaleza using data from the 2010 Demographic Census. The data and calculation methodology can be consulted at: https://pt.cal- aeo.com/read/0032553521353dc27b3d9.			
Calculation method	The indicator is made available and calculated by the Human Development Department of Fortaleza. Data collected at: https://pt.calam- eo.com/read/0032553521353dc27b3d9.			
Unit of measurement	The HDI-N classification ranges from 0 to 1. The closer to 1, the better the degree of human development. The closer to 0, the worse the degree of human development.			
	Variáveis	Fontes	Instituições	
Variables that make up the indicator, their respective sources and producing institutions	HDI-N	IBGE	IBGE	
Geographic coverage	City and Neighborhoods			
Indicator disaggregation levels	Not available			
Indicator update frequency	Yearly			
Historical series used	Most current year (2010)			
Producing institution	IBGE			
Contact				
References	<ul> <li>REISS, Franziska. Socioeconomic inequalities and mental health problems in children and adolescents: a systematk review. <i>Social science &amp; medicine</i>, v. 90, p. 24-31, 2013.</li> <li>AMADDEO, Francesco; JONES, Julia. What is the impact of socio-economic inequalities on the use of mental health services?. <i>Epidemiology and Psychiatric Sciences</i>, v. 16, n. 1, p. 16-19, 2007.</li> </ul>			
Classification	Necessary	Necessary		
Polarity	The smaller the better			



MENTAL HEALTH INDEX: FORTALEZA (CE) EXPERIENCE



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